
Shubhika Singh

M.A., M.Phil.

Clinical Psychologist



Health Professions Council Registration: **PYL041965**

Shubhika Singh is a dual-licensed Clinical Psychologist (RCI India & HCPC UK) with 8+ years of clinical experience across NHS, forensic, health in justice, secondary mental health services and private practice settings. She is specialised in trauma-focused therapies and trauma-informed care with advanced certifications. Shubhika Singh is experienced in delivering culturally responsive practice through both clinical and digital platforms.

AREAS OF SPECIALISM

- Trauma and PTSD
- EMDR
- Narrative Exposure Therapy
- Criminal Court Assessments
- CBT
- DBT

CLINICAL EXPERIENCE

2023 – Present Clinical Psychologist - NHS, England - North London NHS Foundation Trust.

2020 – Present Private Practice

Digital Counseling (EAP) — Google, Accenture, J&J, Barclays, BCG, JP Morgan, HSBC, Abbott & more | Norway, Singapore, Germany, India

Clinical & Psychiatric Settings — NIMHANS, SION Hospital, VIMHANS, Moolchand Hospital, Family Court, De-addiction & Rehab Centres, Geriatric Home

Forensic and Health in Justice Settings — Female Secure Unit Pre-Discharge Unit, Heathrow Immigration Removal Centre/Detention Centre

CLINICAL TRAINING

M.Phil in Clinical Psychology — PGIBMS, Raipur (RCI Accredited), 2020

M.A. in Applied Psychology (Counselling) — TISS, Mumbai, 2016

B.A. in Psychology & Economics — Lady Shri Ram College, Delhi University, 2014

MEMBERSHIP OF PROFESSIONAL BODIES

Certified Clinical Trauma Specialist – Individual (Trauma Institute International)

Accredited EMDR Practitioner (EMDR Asia)

ASSYST – Acute Stress Syndrome Stabilization (Individual & Group)

Narrative Exposure Therapy (NET) & Forensic NET

Queer Affirmative Counselling Practices (Mariwala Health Initiative)

PUBLICATIONS

Intervention using Somatic Inkblot Test in Sexual Deviance - A Case Study (SIS Journal of Projective Psychology and Mental Health · Jan 5, 2022)

Somatic Imagery Test as a tool for Assessment of Hostility and Aggression: Case Analyses (SIS Journal of Projective Psychology and Mental Health · Jan 1, 2021)

Therapeutic Intervention through Somatic Imagery Test - A Case Study (SIS Journal of Projective Psychology and Mental Health · Jul 1, 2020)