
Dr Ola Junaid

MB BS, FRCPsych, MRCPsych, MBA
Consultant in Old Age Psychiatry

General
Medical
Council

General Medical Council registration: **3532324**

PROFESSIONAL SUMMARY

Dr Ola Junaid MBBS MBA FRCPsych has over 25 years experience as a Consultant Psychiatrist. He was also an Associate Medical Director at Nottinghamshire Healthcare NHS Foundation Trust. Dr Junaid has been an Associate Postgraduate Dean in the East Midlands Deanery, Associate Registrar Royal College of Psychiatrists and a Non-Executive Director of the Mental Health Act Commission. Dr Junaid has led a clinical team in the City of Nottingham for over 25 years. His areas of expertise include capacity and consent, the mental health and mental capacity acts as well as depression, anxiety, PTSD, psychotic disorders and dementia.

SPECIALIST AREAS OF EXPERTISE

- Dementia
- PTSD
- Psychiatry
- Old age psychiatry
- Cognitive impairment
- Medicolegal reporting
- Lymphopenia
- Health management
- Psychogeriatric inpatients
- Antipsychotics

PROFESSIONAL EDUCATION AND QUALIFICATIONS

1983: M.B., B.S.

2006: FRCPsych

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- 1990:** MRCPsych
- 1994:** Master of Business Administration
- 2020:** Ashridge Postgraduate Certificate in Leadership (Quality Improvement)

PROFESSIONAL EMPLOYMENT

- 1993 - present:** Consultant in Old Age Psychiatry, Hazelwood House, Highbury Hospital
- Former Associate Medical Director, Nottinghamshire Healthcare NHS Foundation Trust
- Court of Protection Special Visitor, appointed under s.49(2) Mental Capacity Act

MANAGEMENT TRAINING

Master of Business Administration (Health Executive) 1994. University of Keele.

Completed the Leadership Programme for Top Managers in Mental Health 1994/1995 organised by the Institute of Health Services Managers and the Health Advisory Service.

MEDICO-LEGAL EXPERIENCE

I have been providing expert reports for over 15 years. Currently I write five/month. Areas of special medico-legal interest include post-traumatic stress disorder and cognitive impairment.

Member of several Independent Inquiries.

Former Medical Member Mental Health Review Tribunal.

PUBLICATIONS

Junaid, O, Hegde (2007). Supportive Psychotherapy in Dementia. *Advances in Psychiatric Treatment*. Vol. 13, 17-23.

Junaid, O, Junaid K (2003). Dealing with Disruptive Patients. *Geriatric Medicine*.

Dennis, M.S., Nicolson, A., Lehmann, A.B., Junaid, O., Byrne, E.J. and Hopkinson (1998). Clinical Associations of Lymphopenia in Elderly Persons. Admitted to Acute Medical and Psychiatric Wards. *Gerontology*. 44: 168-171.

Moorhead S., Langenbach M., Kennedy J., Hodgson C.M., Ruiz, P., and Junaid, O. (1996). Observations of the observed: a study of inpatients perception of being observed. *Irish Journal of Psychological Medicine*. June 13 (2) 59-61.

Junaid, O. et al. (1996). Destination and dependency of psychogeriatric inpatients at discharge from Nottingham hospitals following the 1990 NHS Community Care Act. *International Journal of Geriatric Psychiatry*. Vol. 11: 787-793.

Junaid, O., Bruce, J.M. (1994). Providing a Community Psychogeriatric Service. Models of Community Psychiatric Nursing Provision in a Single Health District. *International Journal of Geriatric Psychiatry*. Vol. 9: 715-720.

Junaid, O. (1994). Do the Elderly need Computed Tomography (CT) Scans. An Evaluation of Current Practice in Nottingham. MBA Thesis, University of Keele, Keele.

Hodgson, C.M., Kennedy J., Ruiz P., Langenbach M., Moorhead S., Junaid O. Who is watching them? A study of the interpretation of the Observation Policy in a Mental Health Unit. *Psychiatric Bulletin*. August 1993.

Davies, S., Junaid, O. Training for Trainees. *Psychiatric Bulletin*. December 1992.

Junaid, O., & Daly, R. An Audit of Research Activity Amongst Trainee Psychiatrists. *Royal College of Psychiatrists Psychiatric Bulletin*. June 1991.

Junaid, O. *Working for Trainees: The Collegiate Trainees Committee Psychiatric Bulletin*. October 1990.

Junaid, O., & Staines, J. Career Progression in Psychiatry : Perceptions & Realities. *Royal College of Psychiatrists Psychiatric Bulletin*. August 1990.

Case Report:

Junaid, O., Biswas, A., Jones R.G. Neuroleptic Malignant Syndrome. (Letter). *International Journal of Geriatric Psychiatry*, Vol. 8 527-531 1992.

Other Publications:

MCQs in clinical topics for the MRCPsych Part II. *British Journal of Hospital Medicine*; vol 46, July 1991.

Conference Reports:

Junaid, O. The 3rd Residential Scientific Conference for Senior Registrars in Psychiatry. *Royal College of Psychiatrists Psychiatric Bulletin*. August 1992.

Junaid, O. The 2nd Residential Scientific Conference for Senior Registrars in Psychiatry. *Royal College of Psychiatrists Psychiatric Bulletin*. October 1991.

Milner, G., Junaid, O. Midlands Division Trainees Day 1990. *Royal College of Psychiatrists Psychiatric Bulletin*. August 1991.

Junaid, O., & Milner, G. Midlands Division Trainee's Day Interviews : Strategies for success. *Royal College of Psychiatrists Psychiatric Bulletin*. November 1989.

Reports:

Annual report of the CTC published in the Annual Report of the Royal College of Psychiatrists 1990.

Electronic Letters:

Junaid, O. (2004) Confidentiality and carers. Bmj.com. 9th September 2004.
 Junaid, O. (2004) A weak response. Bmj.com. 18th July 2004
 Junaid, O (2004) Factual Error. Bmj.com. 23 February 2004
 Junaid, O. (2002) All patients deserve equal treatment. bmj.com 2nd April 2002
 Junaid, O (2001) Neuroleptics in delirium. bmj.com. 24th January 2001
 Junaid, O. (2000) Stereotyping. bmj.com. 16th July 2000.

Letters:

Junaid, O., Junaid, K.A. (1999). Psychiatrists and financial advice. Int. J. Geriatr. Psychiatry 14 (5) 400. Junaid, O. Italian Mental Health Law Psychiatric Bulletin. February 1994.
 Nicolson, A., Junaid, O., Byrne, E., Dennis, M., Lehmann, A. (1993). Lymphopaenia in Elderly Patients. Postgraduate Medical Journal 6: 753-754.
 Junaid, O., Langenbach, M., Ruiz, P., Hodgson, C., Kennedy, J., Moorhead, S., Rapid tranquilisation. British Journal of Psychiatry October 1992 161, 573-574
 Junaid, O. Being a house officer. British Medical Journal 1992, 304: 1382.
 Junaid, O. Management Training. Psychiatric Bulletin June 1992.
 Castle, D., Junaid, O., Kehoe, R. Peer Support for trainees. Psychiatric Bulletin. May 1992. 16, 304-3-5. Junaid, O. Patterns of referrals. Psychiatric Bulletin February 1992, 16, 113.
 Junaid, O. & Daly, R. Research Audit. Psychiatric Bulletin. December 1991.
 Junaid, O. & Daly, R. Audit of Research. Psychiatric Bulletin. December 1991.
 Junaid, O. Involving junior trainees in audit. Psychiatric Bulletin. August 1991.
 Ruiz Castillo, P., Junaid, O. Confusion over career prospects. BMA News Review February 1991.
 Junaid, O. Fluphenazine an antipsychotic. British Medical Journal 1991. 303 : 315.
 Junaid, O. Accurate description of ethnic minorities. British Journal of Psychiatry. 1990, 157:150.
 Junaid, O. Overseas Doctors Training Scheme. Psychiatric Bulletin. February 1990.
 Junaid, O. Introducing speakers at College Meetings, Psychiatric Bulletin. February 1990.
 Bhugra, D., Smith, J., Junaid, O. Doctors' safety: who cares? British Medical Journal. 1990; 301 : 43.
 Junaid, O. Training Schemes, Psychiatric Bulletin. September 1989

ROYAL COLLEGE OF PSYCHIATRISTS PRESENTATIONS

Roy A and Junaid, O. (2007) Outpatient Clinics. Is it worth the Effort. Poster presentation. Faculty of Old Age Psychiatry, Annual Residential Meeting, Royal College of Psychiatrists Eastbourne.
 Chandwani, N and Junaid, O. (2005) Protocol Driven Dementia - Myth or Reality Poster Presentation Faculty of Old Age Psychiatry, Annual Residential Meeting Royal College of Psychiatrists . Amsterdam
 Junaid, O., Davies, M. (2001). How to Implement Policy Locally. Royal College of

Psychiatrists Annual Meeting. 2001. London.

Junaid, O., Langenbach M., Hodgson, C., Ruiz, P., Moorhead, S., Kennedy, J.
Observation Levels in Acute Psychogeriatric Admissions. Poster presentation at the
Section for Psychiatry of Old Age (Royal College of Psychiatrists) Residential Conference
March 1993. Glasgow.

Lecture on Psychiatric Training at the Open Forum of the Education Committee of the
Royal College of Psychiatrists. November 1992.

Junaid, O., Langenbach, M., Hodgson, C.M., Ruiz, P., Kennedy, J., & Moorhead, S. Group
dynamics and research. Poster presentation at the Royal College of Psychiatrists Annual
Meeting 1992. Dublin.

Junaid, O. Higher Training in the United Kingdom - A trainee's perspective. The Royal
College of Psychiatrists Annual Meeting 1991. Brighton.

EDITOR

Formerly Deputy Editor. CPD Bulletin in Old Age Psychiatry

Editorial Board Nigerian Journal of Psychiatry

REFEREE

I have acted as a referee for the following journals:

Psychiatric Bulletin of the Royal College of Psychiatrists

British Medical Journal

International Journal of Geriatric Psychiatry

Irish Journal of Psychological Medicine

Journal of Mental Health

POSTGRADUATE MEDICAL EDUCATION

Associate Postgraduate Dean East Midlands Healthcare Workforce Deanery. (Until
1/4/2013)

UNDERGRADUATE MEDICAL EDUCATION

Tutor International Federation of Medical Students Associations Leadership Training
Programme. Sonderborg, Denmark 1993.

Clinical Teacher Medical School, University of Nottingham

ROYAL COLLEGE OF PSYCHIATRISTS

Formerly Associate Registrar Policy

Formerly Chair English Policy Committee

Formerly Chair Central Policy Coordinating Committee

Member MRCPsych Part II Board of Examiners

College Assessor on Advisory Appointment Committees

TRUST

Formerly Chairman Senior Medical Staff Committee

MENTAL HEALTH ACT COMMISSION

Formerly Member of the Mental Health Act Commission

Member Consent to Treatment Special Interest Group

Non-Executive Director of the Mental Health Act Commission

Second Opinion Approved Doctor Monitor

Caldicott Guardian