
Dr Parashar Ramanuj

MBBS, BSc(Hons), FRCPsych

Consultant Liaison Psychiatrist

General
Medical
Council

General Medical Council registration: **6143190**

PROFESSIONAL SUMMARY

Dr Ramanuj is a Consultant Psychiatrist at the Royal National Orthopaedic Hospital (RNOH), London where he specialises in Pain and Neurorehabilitation Medicine. He is the Associate Medical Director for the RNOH and the Clinical Director of the Integrated Mental Health Service here.

He is also the Outreach Psychiatrist for the London Spinal Cord Injury Network, responsible for assessing all patients with spinal cord injury and complex mental health difficulties in London. Until 2022 he was the Clinical Director of the London Spinal Cord Injury Centre and a member of NHS England's Operational Delivery Group for Spinal Cord Injury (SCI), responsible for setting national standards for SCI rehabilitation.

He also has expertise in pain medicine, having been on the NICE Committee for the first guidelines on the safe prescribing of medicines used in chronic pain management. He has extensive experience of research as a past Harkness Fellow at Columbia University in New York, and has authored multiple peer-reviewed publications, chapters and editorials and regularly speaks at international policy and research forums.

CURRENT POSITIONS

Consultant Psychiatrist in Neurological and Musculoskeletal Rehabilitation, Royal National Orthopaedic Hospital (appointed August 2016)

Outreach Psychiatrist for Spinal Cord Injury, London Major Trauma Network

Associate Medical Director, Royal National Orthopaedic Hospital

Elected Executive Committee Member, Royal College of Psychiatrists

AREAS OF SPECIALISM

Interface between medicine, surgery and psychological illness, specifically:

- Psychiatric aspects of musculoskeletal injury
- Psychiatric consequences of life-changing trauma
- Psychiatric aspects of neuro-rehabilitation
- Psychiatry of Chronic Pain

MEDICO-LEGAL EXPERIENCE

- On average 30 expert reports annually for clinical negligence and personal injury (80% claimant, 20% defendant)
- Cardiff University Certificate in Civil Expert Witness
- Psychiatrist for the Claimant in *Steven Wilson v The Ministry of Justice* [2024] EWHC 2389 (KB), which has become a teaching case on expert impartiality (further details [here](#))
- Published in JPIL 2026 on how to reduce the re-traumatisation of individual in medico-legal litigation claims (further details [here](#))
- Experienced in producing Joint Statements for quantum and attribution
- Reports for the Crown Prosecution Service, Liaison and Diversion Services and the Ministry of Justice as a Forensic Psychiatrist
- Providing expert opinion on the instruction of case management and mediation companies on psychological injuries following traumatic events including the Grenfell Tower Fire
- Reporting and representation at Mental Health Tribunals since 2011
- Section 12 Approved Clinician under the Mental Health Act

CLINICAL EXPERIENCE

2014-2015 Psychosomatic Medicine, St Thomas' Hospital London
2013-2014 Perinatal Psychiatry, St Thomas' Hospital London
2012-2013 Medical Psychotherapy, Maudsley Hospital
2011-2012 Community and Inpatient Psychiatry, Lambeth Hospital
2010-2011 Forensic Psychiatry, Ashen Hill Medium Secure Unit
2009-2010 Psychiatry of Substance Misuse, Brighton & Hove
2008-2009 Dementia and Old Age Psychiatry, Meadowfield Hospital

ACADEMIC AND SENIOR POSITIONS

Specialist Topic Adviser, on two National Guidelines, National Institute for Health and Care Excellence (NICE)

Harkness Fellow in Health Care Policy and Practice, New York State Psychiatric Institute 2015-2016

Visiting Scholar, Columbia University in the City of New York, 2015-2016

Senior Clinical Fellow, Mental Health Policy Unit, Royal College of Psychiatrists, 2014-2015

Leadership Fellow at Public Health England, Faculty of Medical Leadership and Management, 2012-2013

Honorary Research Fellow, Institute of Psychiatry, Psychology and Neuroscience, 2008-2011

QUALIFICATIONS

2003 BSc (Neurosci.)

2006 MBBS (GKT)

2011 MRCPsych

PRIZES AND AWARDS

National Clinical Impact Award, Awarded by NHS England for service to national psychiatry clinical practice 2024

Fellowship of the Royal College of Psychiatrists, Awarded 2022

Scholarship: awarded by Harvard Business School to attend their competitive Intensive Seminar on Value-Based Healthcare Delivery in Boston, Jan. 2016

Faculty of Neuropsychiatry Silver: Shortlisted for the Neuropsychiatry Prize by the Royal College of Psychiatrists, 2015

MEDICOLEGAL SPEAKING INVITATIONS

Memory, Trauma and Litigation; *PIBA Annual Conference*, 2026

Adjusting to Traumatic Injury; *APIL Advanced Brain and Spinal Cord Injury Conference*, 2023

INTERNATIONAL PRESENTATIONS

Measuring quality in mental health care: A global perspective. World Health Organization, 2022

Mental health after Musculoskeletal Trauma. British Orthopaedic Association, 2019

Withdrawing Benzodiazepines in People with Persistent Pain. British Pain Society, 2019.

Liaison Psychiatry: Lessons from the English Experience. American Psychiatric Association; San Diego, 2017

Multimorbidity in Mental Health Care. New South Wales Ministry of Health; Canberra, 2017

Encephalitis: More than just Morbidity and Mortality. Encephalitis Society, San Francisco, 2013

Invited talks on:

- Interface between mental and physical care
- Mortality, life expectancy and morbidity in people with mental illness
- Chronic Pain
- Complex Orthopaedics
- Encephalitis
- Psychosomatics

REVIEWER

New England Journal of Medicine Catalyst; British Medical Journal; BMJ Mental Health; British Journal of Psychiatry; Psychiatric Services; British Journal of Pain

SELECTED PUBLICATIONS

More than 30 publications including peer reviewed articles in medical journals, chapter contributions and independent national reports.

Notable areas of publication:

- Interface between medical, surgical and psychiatric care
- Chronic Pain
- Depressive disorders
- Mortality and life expectancy in people with mental illness
- Health care policy and regulation

Peer-reviewed Research

Ahmed RZ, **Ramanuj PP**, Afolayan JO & Anwar H. Anxiety and depression 1-year after spinal tumour surgery: a retrospective analysis of psychological and clinical predictors. *Eur Spine J.* 2025; <https://doi.org/10.1007/s00586-025-09325-7>

Texeira MJC, Ahmed R, Tehrany R, Jaggi A, **Ramanuj P**. Collaborative care model versus usual care for people with musculoskeletal conditions and co-existing anxiety and depression: a randomised feasibility mixed-methods study. *BMJ Open* 2024; 14:e079707.

Sara G, Gould P, Curtis J, Chen W, Lau M, **Ramanuj P**, Currow D, Burgess P. Vaccine-preventable hospitalisations in adult mental health service users: a population study. *Psychol Med.* 2023; 1-10.

Swaraj S, Wang M, Chung D, Curtis J, Firth J, **Ramanuj P**, Sara G, Large M. Meta-analysis of natural, unnatural and cause-specific mortality rates following discharge from inpatient psychiatric facilities. *Acta Psychiatrica Scand.* 2019 140: 244-64.

Sara G, Arumuganathan M, Chen W, Wu F, Currow D, Large M, Mulder C, **Ramanuj PP**, Burgess PM. Cohort profile: Mental Health Living Longer: a population-wide data linkage to understand and reduce premature mortality in mental health service users in New South Wales, Australia. *BMJ Open* 2019; 9:e033588.

Ramanuj PP, Scharf DM, Ferencik E, Spaeth-Rublee B, Pincus HA. Measuring efficiency at the interface of behavioral and physical health care. *J Ment Health Policy Econ.* 2018; 21: 79-86.

Ramanuj PP, Talley R, Breslau J, Wang SS, Pincus HA. Integrating Behavioral Health and Primary Care Services for People with Serious Mental Illness: A Qualitative Systems Analysis of Integration in New York. *Community Ment Health J.* 2018; 54: 1116-26.

Pincus HA, Li M, Scharf DM, Spaeth-Rublee B, Goldman ML, **Ramanuj PP**, Ferencik EK. Prioritizing quality measure concepts at the interface of behavioral and physical healthcare. *Int J Qual Health Care* 2017; 557-63.

Ramanuj PP, Carvalho CF, Harland R, Garety PA, Craig TK, Byrne N. Acute mental health service use by patients with severe mental illness after discharge to primary care in South London. *J Ment Health* 2015; 24: 208-213.

Granerød J, Davies NW, **Ramanuj PP**, Easton A, Brown DW, Thomas SL. Increased rates of sequelae post-encephalitis in individuals attending primary care practices in the United Kingdom: a population-based retrospective cohort study. *J Neurol.* 2017; 264: 407-15.

Ramanuj PP, Granerød J, Davies NWS, Conti S, Brown DWG, Crowcroft NS. Quality of life and associated socio-clinical factors after encephalitis in children and adults in England: a population-based, prospective cohort study. *PLoS ONE* 2014; 9: e103496.

Peer-reviewed Editorials and Reviews

Behrendt K & **Ramanuj P**. Factors in implementing integrated care... a duty to collaborate? *Integr Healthc J.* 2020; 2:e000025.

Ramanuj PP, Pincus HA. Collaborative care: enough of the why; what about the how? *Br J Psychiatry* 2019; doi: 1192/bjp.2019.99

Ferenchik EK, **Ramanuj PP**, Pincus HA. Depression in primary care: part 1 – screening and diagnosis. *BMJ* 2019; 365:I835

Ramanuj PP, Ferenchik E, Pincus HA. Depression in primary care: part 2 – management. *BMJ* 2019; 365:I794.

Ramanuj PP. Bearing the cost of the American Dream: Reflecting on street homelessness in America. *BJPsych International* 2019; 16: 11-3.

Ramanuj PP, Ferenchik E, Docherty M, Spaeth-Rublee B, Pincus HA. Evolving models of integrated behavioral health and primary care. *Curr Psychiatry rep.* 2019; 21:4.

Kilbourne AM, Beck K, Spaeth-Rublee B, **Ramanuj PP**, O'Brien RW, Tomoyasu N, Pincus HA. Measuring and improving the quality of mental health care: a global perspective. *World Psychiatry* 2018; 17: 30-8.

Pincus HA, Spaeth-Rublee B, **Ramanuj P**. Bringing recovery and consumers' views into the mainstream of mental health quality measurement. *Psychiatr. Serv.* 2017; 68: 1182-4.

Ramanuj PP, Breslau J, Strathdee G, Spaeth-Rublee B, Pincus HA. Carrots and sticks on opposite sides of the Atlantic: Integration incentives for people with serious mental illness in England. *Psychiatr. Serv.* 2017; 68: 430-2.

Goldman ML, Spaeth-Rublee B, Nowels AD. **Ramanuj PP**, Pincus HA. Quality measures at the interface of behavioral health and primary care. *Curr Psychiatry Rep* 2016; 18: 39

Chapters, Monographs and Commentaries

King HM, Latimer-Sayer W, Corby G, Solon M, Moore S, Herman D, **Ramanuj PP**, Brewin C, Greenber N, Beadman M. How to reduce the re-traumatisation of claimants in medico-legal litigation claims. *JPIL* 2026; 1: 53-8.

Ramanuj PP & Ashby A. General Hospital Psychiatry. In: *Seminars in General Adult Psychiatry 2nd Edition*, Kingdon, Stein & Rowlands (ed). London: Royal College of Psychiatrists [in print]

Brown H, Berridge A, Hazell D, **Ramanuj PP**, Quick TJ. The painful hand. In: *Chang: Hand and Upper Extremity, Vol 6; Neligan: Plastic Surgery, 5th Ed.* Amsterdam, Netherlands: Elsevier [in print]

Ikkos G, St John Smith P, Aftab A, **Ramanuj PP**. Chronic pain and psychiatric problems. In: *Pain: a textbook for health professionals, 3rd edition*. van Griensven & Strong (ed.) London: Churchill Livingstone [in print]

MEMBERSHIP OF PROFESSIONAL BODIES

- General Medical Council (GMC): 6143190
- Medical Defence Union (MDU): 395514B
- British Medical Association (BMA): 8634883
- Royal College of Psychiatrists (RCPsych): 830869
- Information Commissioner's Office (ICO): ZA275029