
Dr Jennifer Haigh

DcounsPsy, CPsychol

Chartered Counselling Psychologist



British Psychological Society Membership: **288936**

Health Professions Council Registration: **PYL34532**

DBS Registration No. **001517857932**

PROFESSIONAL QUALIFICATIONS & EXPERTISE

Professional Qualification

Doctor of Counselling Psychology

Areas of Expertise

Assessment of Adults and Children

- Affective conditions (e.g. PTSD, anxiety disorders etc.)
- Assessment of attachment
- Assessment of personality
- Assessment of risk (e.g. sexual violence)
- Autism and ADHD assessments
- Cognitive functioning

I undertake independent assessments in a variety of areas and writes reports for the courts relating to children, parents (or other family members) and adults.

RELEVANT EXPERIENCE

I am a Counselling Psychologist with over 8 years' experience of working with clients within the Mental Health field. I have experience of working with children across several settings including CAMHS, working with behavioural, attachment and neurodevelopmental difficulties including Autistic Spectrum Disorders. I have also worked extensively with adults with varying mental health difficulties including addiction, trauma and PTSD, OCD, and depression in both the NHS and private practice. I

specialise in assessing and working with attachment, trauma, educational difficulties, autism diagnosis. I complete expert witness reports within family and civil law with a particular interest in attachment and trauma and have completed expert witness training with the British Psychological Society.

For full details of work history please refer to the attached Appendix.

REPORTS

I have prepared more than 1500 reports for the family and civil courts. These reports have covered the following areas:

- Assessment of cognitive functioning
- Assessment of personal injury
- Educational assessments of children and adults
- Global family assessments
- Neurodevelopmental assessments
- Parental capacity within family proceedings

QUALIFICATIONS & TRAINING

Qualifications

- Practitioner Doctorate in Counselling Psychology, University of Wolverhampton
- BSc Hons Psychology, University of Bolton

Training

- Assessing Capacity, Carter Brown
- Personal Injury, Bond Solon
- Clinical Negligence, Bond Solon
- ADHD, Dr Floriana Reinikis, Oasis Psychological Services
- ADI-r, Somer Bishop, Lincoln Institute
- Aviation Psychology, British Psychological Society
- Expert Witness L3, L4, British Psychological Society
- EMDR Level 1-4, EMDR Extra / EMDR Works
- EMDR for Children & Adolescents, EMDR UK & Ireland
- DDP Level 1-2, DDP UK
- ADOS, Pearson Clinical
- Level A&B Psychometric Testing, British Psychological Society
- Trauma focused CBT, British Psychological Society

MEMBERSHIPS

Professional Memberships

- Chartered Psychologist, Associate Fellow, British Psychological Society (AFBPS)
Registration number: 288936
- Registered Practitioner Psychologist with the Health Care Professions Council:
PYL34532
- Member of EMDR Europe
- Register of Expert Witnesses, British Psychological Society

OTHER RELEVANT INFORMATION

- I hold personal professional liability & indemnity insurance.

CHRONOLOGICAL WORK HISTORY

January 17 - Current **Independent Practice** – Independent Expert Witness

- Taking instructions from solicitors and case management companies
- Conducting appropriate psychological interviews in partnership with psychological and neuropsychological tests to inform recommendations in accordance with the queries instructed

January 16-Current **Independent Practice** – Private Psychologist

- Conducting appropriate psychological assessments in partnership with psychological and neuropsychological tests
- Conducting cognitive assessments
- Consultation and training to residential care companies, foster carers and schools
- Offering family therapy and individual therapy with clients across the lifespan
- Providing therapy using a variety of approaches CBT, psychodynamic, attachment focused, person centred and EMDR (needs driven) with a variety of conditions including PTSD, ASC, ADHD, depression, anxiety, eating disorders
- Delivering training on attachment, trauma and neuro-diverse conditions
- Providing psychological reports including formulation and recommendations for psychological intervention in line with evidence-based practice

July 18-January 21 **New Reflexions** – Senior Psychologist

- Enforcing the Secure Base model across the company
 - Delivering training to inductees on mental health, attachment, trauma, self-harm, autism, sexually harmful behaviour
 - Clinically responsible for seven residential care homes
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- Using appropriate outcome measures and adapting treatment according to mental and motivational states to optimise outcome
- Conducting appropriate psychological assessments in partnership with psychological and neuropsychological tests
- Working with a variety of presentations including trauma, attachment, depression, anxiety, eating disorders
- Providing comprehensive psychological reports, formulating and implementing plans for psychological intervention in partnership with evidence-based practice
- Consistent exposure to traumatic information
- Supervision of assistant psychologists

June 2018 – August 2018 The Priory – Locum Psychologist

- Working in a secure hospital with females diagnosed with Personality Disorder
- Delivering training to professionals
- Assessing risk
- Service development
- Attending ward rounds
- Providing short term interventions e.g. Emotional regulation
- Conducting assessments
- Supervision of the assistant psychologist

January 2018 – June 2018 The Family Psychologist – Psychologist

- Providing ASC screening and diagnostic assessments including ADOS and ADI-R assessments as part of ASC diagnostic criteria
- Conducting cognitive assessments for exam access
- Consultation and training to residential care companies, foster carers and schools
- Offering family therapy and individual therapy with clients across the lifespan
- Providing therapy using a variety of approaches CBT, psychodynamic, attachment focused, person centred and EMDR (needs driven) with a variety of conditions including PTSD, ASC, depression, anxiety, eating disorders
- Delivering training on attachment, trauma and neuro-diverse conditions
- Providing psychological reports including formulation and recommendations for psychological intervention in line with evidence-based practice

November 2016 - January 2018 Bryn Melyn Care – Psychologist

- Enforcing a DDP informed model across the company
- Delivering training to inductees on mental health, attachment, trauma, PACE and DDP informed practice
- Clinically responsible for nine residential care homes
- Using appropriate outcome measures and adapting treatment according to mental and motivational states to optimise outcome
- Conducting appropriate psychological assessments in partnership with psychological and neuropsychological tests

- Working with a variety of presentations including trauma, attachment, depression, anxiety, eating disorders
- Using a PACE model to support young people with complex needs

September 2016 – November 2016 Cambian CSE Services Shropshire – Locum Psychologist

- Working across five residential homes for adolescents vulnerable to sexual exploitation
- Conducting appropriate psychological assessments in partnership with psychological and neuropsychological tests
- Formulating and implementing plans for psychological intervention in partnership with evidence-based practice
- Using appropriate outcome measures and adapting treatment according to mental and motivational states to optimise outcome
- Providing trauma led interventions and ensuring stabilisation process are enforced
- Building and maintaining positive trusting relationships with young people and the home staff team
- Providing specialist interventions for complex and challenging behaviour through consultation and training with staff
- Undertaking project management, including audits and service evaluation to help develop service provision

April 2016 – September 2016 Huntercombe Stafford CAMHS Service – Locum Psychologist

- Working across 3 in-patient wards including eating disorders, with a total occupancy of 40 young people aged 12-18 with varying mental health difficulties
- Building the psychology department from the group up, including department processes and protocols
- Conducting appropriate psychological assessments in partnership with psychological and neuropsychological tests
- Using appropriate outcome measures and adapting treatment according to mental and motivational states to optimise outcome
- Providing supervision for other professionals
- Working 1-1 with a variety of difficulties including borderline personality disorder, depression, psychosis, low self-esteem, anxiety (PTSD, panic, general, social, OCD and phobias), eating disorders and anger among others
- Providing specialist interventions for complex and challenging behaviour through consultation and training with staff
- Supervising and taking a lead in running group therapeutic interventions

February 2016 – April 2016 Shropshire NHS IAPT Service – Locum Psychological wellbeing practitioner

- Working as part of an MDT

- Conducting detailed telephone assessments to assess suitability for the service
- Signposting suitable clients to the most appropriate treatment waiting list
- Using a stepped care approach when signposting clients
- Conducting detailed risk assessments and managing this appropriately
- Acute time management to complete a quota of assessments to fulfil client expectations

June 2015 – April 2016 Lewis Psychology CIC – Sessional Counsellor

- Providing a private therapy service and managing my own caseload
- Working 1-1 with depression, anxiety, eating disorders, substance misuse, gambling, PTSD, bereavement, couples counselling, coaching and many more
- Working as an integrative and flexible practitioner, based on the client's needs and goals.
- Use of a variety of psychological models including CBT, EMDR, psychodynamic and person-centred therapy
- Conducting appropriate psychological assessments
- Formulating and implementing plans for psychological intervention in partnership with evidence-based practice
- Conducting detailed risk assessments and managing this appropriately

**April 2015 – October 2016 Starfish Health & Wellbeing IAPT Service –
Psychological wellbeing practitioner**

- Conducting appropriate psychological assessments
- Formulating and implementing plans for psychological intervention in partnership with evidence-based practice
- Use of a variety of psychological models including CBT and person-centred
- Using appropriate outcome measures and adapting treatment according to mental and motivational states to optimise outcome
- Conducting detailed telephone assessments to assess suitability for the service
- Using a stepped care approach when signposting clients
- Conducting detailed risk assessments and managing this appropriately
- Working 1-1 with common anxiety disorders and depression
- Promoting self-help materials to aid client responsibility and independence
- Using monitoring and evaluation tools for clients and for the service

**October 2014 – March 2015 Drug & Alcohol Recover Service Telford –
Psychologist in Training**

- Working as part of an MDT within an out-patient drug and alcohol recovery service
- Conducting appropriate psychological assessments
- Formulating and implementing plans for psychological intervention in partnership with evidence-based practice

- Use of a variety of psychological models including CBT, EMDR, psychodynamic and person-centred
- Working 1-1 with a variety of disorders including borderline personality disorder, depression, low self-esteem, anxiety (PTSD, panic, general, social, OCD and phobias) in addition to drug and/or alcohol misuse
- Develop cognitive and behavioural insights to promote and sustain positive changes
- Increase understanding of the relationship between substance use and other areas of the client's life, such as mental and physical health, relationships and lifestyles
- Conducting detailed risk assessments and managing this appropriately

September 2013 – May 2014 Chaddeslode House NHS IAPT Service –
Psychologist in Training

- Supervising and taking a lead in running group therapeutic interventions
- Conducting appropriate psychological assessments
- Formulating and implementing plans for psychological intervention in partnership with evidence-based practice
- Using monitoring and evaluation tools for clients and for the service

May 2012 – May 2014 St Georges Hospital NHS CMHT – Psychologist in Training

- Conducting appropriate psychological assessments in partnership with psychological and neuropsychological tests
- Formulating and implementing plans for psychological intervention in partnership with evidence-based practice
- Providing comprehensive psychological reports
- Using appropriate outcome measures and adapting treatment according to mental and motivational states to optimize outcome
- Conducting detailed risk assessments and managing this appropriately
- Using monitoring and evaluation tools for clients and for the service
- Working 1-1 with a variety of disorders including depression, psychosis, low self-esteem, anxiety (PTSD, panic, general, social, OCD and phobias), eating disorders and dual diagnosis among others

*Gap in employment May 2014- October 2014 – Maternity Leave