

Laura Pike

B.Sc., M.Sc.

**Senior Forensic Psychologist**



Health Professions Council Registration: **PYL36843**

Laura is an experienced Forensic Psychologist. She is registered with the Health and Care Professions Council (HCPC) and chartered with the British Psychological Society (BPS). She has over 15 years' experience working with adult men, women and young people across forensic settings in the community and custody in a range of settings.

Laura is trained and experienced in a variety of assessments and interventions including general, sexual and intimate partner violence, fire-setting and mental health. Laura has extensive experience producing expert witness reports and giving evidence in Parole Board and in criminal proceedings.

Across both the community and custody Laura has worked with individuals with a range of presentations that have included intellectual disabilities, mental health disorders, personality disorder, brain injury and neurodiversity, as well as those at risk of being or involved in gang crime. In her current role, Laura leads on the Offender Personality Disorder (OPD) strategy in a custodial setting, as well as sitting on community complex case panels as psychology consultant.

Laura's specialist interests and expertise lie within the area of sexual offending risk, in particular assessing and working with men who have offence related sexual interests.

#### **AREAS OF SPECIALISM**

- Violence/ sexual offending risk assessment
- Risk management planning
- Treatment of offending behaviour/ risk factors and adapting this work for responsivity needs
- Personality assessment and formulation
- Evaluating treatment progress and impact

#### **PROFESSIONAL QUALIFICATIONS**

February 2019 BPS Qualification in Forensic Psychology  
2011 – 2012 MSc Forensic Psychology; Distinction  
2005 – 2008 BSc (Hons) Psychology; First Class Honours Degree  
2002 – 2004 A Levels; Geography (A), Sociology (B), English Literature (C).

## WORK HISTORY

### **September 2020 – Present**                      **HMPPS: Senior Forensic Psychologist (Band 8) Lead Psychologist**

- Supervision and line management of forensic psychologists in training and treatment managers
- Member of East of England's Assessment and Interventions Board (AIB)
- Liaison and partnership with regional psychological services and establishments Senior Leadership Team (SLT).
- Management oversight of local Offender Personality Disorder (OPD), young adult and safety work provided by psychological services.
- Consultancy support in relation to complex cases and input into decision making (e.g. under the OPD pathway, treatment and intervention pathways, management and support for men with offence related sexual interests, management and support in relation to prisoner safety (both risk of harm to self and others).
- Management oversight and undertaking of Sentence Planning Reviews (SPR's) for complex cases, in close liaison with prison and community services.
- Completion of complex psychological risk assessments and attendance at parole hearings to provide evidence
- Delivery and supervision of the high intensity Healthy Sex Programme (HSP)
- Supervision of assessments relating to treatment pathway and delivery of FIPP (Fire setting Intervention)
- Ongoing quality assurance of external reports.

### **February 2019 – September 2020**    **HMPPS: Qualified Forensic Psychologist (Band 7)**

In addition to the tasks set out below under the Forensic Psychologist in Training role:

- Support and supervision of trainee psychologists
- Quality assuring reports of external providers
- Support of Senior Leadership Team's (SLT's), for example in the implementation of a young adult strategy
- Providing supervision to CSU (Care and Separation Unit) staff
- Supervision of therapists delivering the HSP
- Oversight of safety related work

### **March 2016 – February 2019**                      **HMPPS: Forensic Psychologist in Training (Band 5)**

- Completion of risk assessment reports
- Attendance at Parole Hearings
- Delivery and treatment management of the HSP (Healthy Sex Programme)
- Conducting quantitative and qualitative research projects
- Providing consultancy support to the programme team and offender management staff
- Attendance and providing consultation at Complex Needs and Interdepartmental Risk Management Meetings (IDRMT)
- Delivery of bespoke training

### **August 2014 – March 2016**                      **Together for Mental Health: Senior Forensic Mental Health Practitioner**

### **September 2013 – July 2014**                      **Together for Mental Health: Forensic Mental Health Practitioner**

- Proactive identification of service users for assessment at court
- Completion of initial mental health and wellbeing assessments, including triaging of cases for psychiatric assessment
- Completion of (on the day) reports to court with recommendations to support sentencers decision making
- Diversion of service users with acute mental illness from court to appropriate treatment
- Providing training, consultation and advice to probation and court staff
- Continued development of strategic partnerships to support service provision

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- Supervisory responsibility for Community Support Workers (CSW's) providing an outreach service in the community
  - Attending management meetings and assisting with managerial tasks
  - Attendance at monthly clinical supervision and reflective practice

**June 2012 – September 2013      The Brandon Centre: Multi-Systemic Therapist (MST); Gangs Lead**

- Hold caseload of four to six families delivering intensive MST intervention for three to five months
- Deliver a variety of one to one and family interventions including Family Therapy (FT), Cognitive Behavioural Therapy (CBT) and Dialectical Behavioural Therapy (DBT)
- Build relationships and liaise regularly with professional network via meetings and reports
- Risk assessment and management in collaboration with professional network and clients
- Provide a twenty four hour on call service to families in crisis
- Attend weekly clinical supervision and consultation and monthly CPD meetings.

**SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT**

*Accredited Programmes*

- The Healthy Sex Programme (HSP) Accredited Training
- Core Sex Offender Treatment Programme (SOTP) Accredited Training
- Thinking Skills Programme (TSP) Accredited Training
- Controlling Anger and Learning to Manage it (CALM) Accredited Training

*Other Interventions*

- BPS FIPP Training (Assessment and Treatment of Fire setters using the FIPP-MO) 2 day training, March 2020.
- DBT (Dialectical Behavioural Therapy) Skills training (3 day training), January 2020
- BPS PTSD (Post Traumatic Stress Disorder) Master class (2 day training), September 2019
- Single session Integrated CBT (2 day training) April 2015

*Risk Assessment Training*

- RSVP (Risk of Sexual Violence Protocol)
- RM2000 (Risk Matrix 2000)
- SARA-V3 (Spousal Assault Risk Assessment Guide)
- SARN (Structured Assessment of Risk and Need).
- HCR-20 (The Historical Clinical Risk Management-20, Version 3)
- IPDE (International Personality Disorder Inventory)
- SVR-20 (Sexual Violence Risk)

*Other Training and Conferences*

- International Conference on Incels, hosted by Broadmoor hospital, July 2022.
- PREVENT training, April 2015
- BPS Personality and Psychopathy in Female Offenders April 2015
- Institute of Mental Health and Personality Disorder (3 day course), July 2014
- Learning Disability and Learning Disability Screening Questionnaire (LDSQ) in the Criminal Justice System, April 2014
- Working with Neurodiversity, May 2024
- Stalking Identification and Awareness Training, May 2024

*Supervision and Management*

- RAPPS Training, June 2022 – on RAPPS register as of June 2022.
- BPS New Supervisor Workshop and completion of Online Modules, Jan-Feb 2021
- HMPPS Supervision Skills (2 day training), January 2019

- HMPPS Treatment Management (4 day training), February 2017
- BPS Approved Essential Supervision Skills (2 day training), October 2014

*Awards*

- HMPPS Winner of Regional and National Trainee Forensic Psychologist 20XX

**Professional Memberships**

British Psychological Society

Division of Forensic Psychology