



Dr Roslyn Campbell
B.Sc., M.Sc., D.Clin.Psych.
Clinical Psychologist



Health Professions Council Registration: **PYL24396**
British Psychological Society Membership: **718075**

Dr Roslyn Campbell is an experienced HCPC registered Clinical Psychologist with nearly 20 years' experience of working in the NHS in a number of clinical settings, including secure hospital settings and prisons. Between 2013 and 2024, Dr Campbell worked as Clinical Lead for a female personality disorder service which offers individual and group psychological interventions to individuals who are deemed high risk to themselves or others in terms of violence and self-harm/suicidality. Within this role, Dr Campbell managed and supervised a multi-disciplinary team (MDT) of multiple staff including psychologists, nurse practitioners and prison officers.

Dr Campbell currently offers individual and group therapy using a range of evidence based psychological interventions including Cognitive Behavioural Therapy (CBT), Acceptance and Commitment Therapy (ACT), Dialectical Behavioural Therapy (DBT), Mentalization Based Therapy (MBT) and Eye Movement Desensitization Reprocessing Therapy (EMDR) for adults who are experiencing psychological difficulties, such as complex trauma, anger, self-harm, suicidality, attachment difficulties, relationship difficulties, depression and anxiety.

Dr Campbell is able to complete highly specialist psychological assessments and has completed approximately 80 expert witness reports for the criminal and family courts. Dr Campbell is able to complete risk assessments of violence (HCR-20 v3) to indicate level of risk and need for therapeutic intervention. She has specific expertise in personality disorder and psychopathy and have received training in the use of the International Personality Disorder Examination (IPDE) and the Psychopathy Checklist (PCL-R). Dr Campbell also has extensive experience in designing and delivering training packages to a range of professionals, including topics such as mindfulness, personality disorder, emotional wellbeing, risk assessment, and trauma informed care.

AREAS OF SPECIALISM

- Adult Mental Health Difficulties
- Complex trauma & PTSD
- Personality Disorder
- Attachment difficulties
- Psychological assessment of parents
- Risk assessment

PROFESSIONAL QUALIFICATIONS

- 2006 – 2009** Doctorate in Clinical Psychology (DClinPsy), University of Leicester
- 2001 – 2002** MSc in Clinical Criminology, University of Leicester
- 1997 – 2001** BSc Psychology with Biology (2:1), University of Abertay Dundee

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WORK HISTORY

Jan – Present Director, LIFE Psychology Ltd.

As part of my private practice, I offer individual and group therapy using a range of evidence based psychological interventions including Acceptance and Commitment Therapy (ACT), Cognitive Behavioural Therapy (CBT), Dialectical Behavioural Therapy (DBT), Mentalization Based Therapy (MBT) and Eye Movement Desensitization Reprocessing Therapy (EMDR) for adults who are experiencing psychological difficulties, such as complex trauma, anger, self-harm, suicidality, attachment difficulties, relationship difficulties, depression and anxiety. I am also able to complete highly specialist psychological assessments of complex cases and expert witness reports for clients who may be at risk of committing (or who are alleged to have committed) a criminal offence. I am able to complete risk assessments of violence (HCR-20 v3) to indicate level of risk and need for therapeutic intervention. I have specific expertise in personality disorder and psychopathy and have received training in the use of the International Personality Disorder Examination (IPDE) and the Psychopathy Checklist (PCL-R). In addition, I am able to undertake Local Authority (LA) commissioned family or individual assessments. I also have extensive experience in designing and delivering training packages to a range of professionals, including topics such as mindfulness, personality disorder, emotional wellbeing, risk assessment, and trauma informed care.

Oct 09 – Aug 24 Clinical Lead and Principal Clinical Psychologist, Birmingham and Solihull Mental Health Foundation Trust (BSMHFT)

I previously worked as Clinical Lead for a female personality disorder service in HMP Foston Hall from 2013-2024. Within this role I managed and supervised a multi-disciplinary team (MDT) of 16 staff including psychologists, nurse practitioners and prison officers. The service offers individual and group psychological interventions to individuals who are deemed high risk to themselves or others in terms of violence and self-harm/suicidality. Within this role I undertook extensive psychological assessments, administered a range of psychometric assessments and completed extensive risk assessments. I was integral in setting up this service in 2013 and assisted in the intervention and service planning. I also attended a number of SMT (senior management team) meetings within the prison in order to consult and collaborate on risk management plans. Prior to this role, whilst still employed by BSMHFT, I was a team psychologist based at Ardenleigh Medium Secure Unit (MSU) in Birmingham between 2009-2013. This role involved working with a complex caseload and a number of different presentations including personality disorder and mental health issues. I have also completed a number of expert witness reports, as instructed by local authorities, providing psychological perspectives on parenting issues and risk.

SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT

- Eye Movement Desensitization and Reprocessing (EMDR) training September 2023
- Acceptance and Commitment Therapy (ACT) training January 2022
- Dialectical Behaviour Therapy (DBT) Adherence training May 2021 – November 2021
- Supervising in DBT April 2021
- Schema Therapy workshop February 2021
- Regulating Emotions the DBT Way October 2019
- HCR-20 Risk Assessment training January 2014
- International Personality Disorder (IPDE) training November 2013
- Treating PTSD in DBT with high-risk clients July 2013
- Mentalization Based Therapy (MBT) Practitioner training December 2013
- Mentalization Based Therapy (MBT) Basic training May 2012
- SAPROF (Strengths and Protective Factors) training March 2012
- Acceptance and Commitment Therapy (ACT) workshop December 2011
- Acceptance and Commitment Therapy (ACT) for psychosis December 2011
- Dialectical Behaviour Therapy (DBT) Intensive training 5 days – April 2010
- Conflict Resolution training 5 days – January 2011
- KUF Personality Disorder Awareness training December 2010
- KUF Train the Trainer August-October 2010
- Recovery Model in Forensic Services October 2010
- Psychopathy Checklist Revised (PCL-R) training December 2009
- January 2004

PROFESSIONAL MEMBERSHIPS

Health and Care Professions Council (HCPC) - Registration number: PYL24396.

Association for Contextual Behavioural Science (ACBS) since 2012.