



**Dr Michelle O'Shea**  
D.Clin.Psych., Pg.Dip., BSc (Hons).  
**Clinical Psychologist**



Health Professions Council Registration: **PYL33503**

Dr Michelle O'Shea is an HCPC registered Clinical Psychologist with 8 years post qualification experience working within the NHS with a broad range of mental health presentations in adulthood. She has extensive experience of carrying out detailed neuropsychological assessments within an adult and older adult population presenting with cognitive changes due to neurodegenerative or neurological conditions. She has been preparing medico-legal reports for personal injury cases regularly since July 2022.

Dr O'Shea's training in Clinical Psychology gives her a thorough knowledge of a broad range of mental health presentations which assists her in the assessment, prognosis and recommendations for psychological injury in relation to accidents.

#### **AREAS OF SPECIALISM**

- Assessments of Adults
- Assessments of Older Adults (70+)
- Neurological Conditions
- Personal Injury
- Cognitive Changes
- Neurodegenerative Conditions

#### **PROFESSIONAL QUALIFICATIONS**

**2019 – 2021** University of Glasgow, Glasgow

*PG. Dip Clinical Neuropsychology*

**2013 – 2016** University of Glasgow, Glasgow

*Doctorate in Clinical Psychology*

**2005 – 2009** Queen Margaret University, Edinburgh

*BSc (Hons) Psychology*

#### **EMPLOYMENT HISTORY**

**June 2022 – Present**      **Senior Principal Clinical Psychologist – NHS GGC**  
**Institute of Neurological Sciences (INS)**

To provide specialist psychological assessment and intervention to patients with degenerative disease of the central nervous system accessing services at the INS. This includes 1:1 intervention, work with families and groups as well as neuropsychological assessment and intervention.

**Apr 2022 – Present**      **Director & Clinical Psychologist – Harris Psychology Limited**

I specialise in personal injury cases. I complete assessments and produce reports on a regular basis. I receive instructions from several solicitors. I produce comprehensive reports in a timely manner.

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**Oct 2016 – Jun 2022      Clinical Psychologist - NHS Lanarkshire Psychological Therapies For Older People**

I provide specialised assessment, formulation and intervention to older people with various presenting problems. I also provided neuropsychological assessment in order to assist with differential diagnosis in dementia assessments. I provide neuropsychological assessment for people under 65 who present for assessment of possible early onset dementia.

**Oct 2013 – Sept 2016      Trainee Clinical Psychologist – NHS Lanarkshire**

I completed 6 placements throughout my doctoral training including older adult mental health (including dementia), adult mental health, young onset dementia, learning disability, child and adult mental health services and a specialist third year placement where I developed skilled in third wave psychological therapies (i.e Mindfulness, Acceptance and Commitment Therapy)

**Nov 2012 – Oct 2013      Assistant Psychologist – Addiewell Prison, Livingston**

I assisted a clinical psychologist in the assessment, formulation and intervention of offenders within the prison setting. I delivered various group-based interventions to increase insight into behaviour, reduce recidivism, improve wellbeing.

**Mar 2011 – Nov 2012      Assistant Psychologist – Murdouston Brain Injury Rehabilitation Centre**

I assisted a clinical psychologist with the neuropsychological assessment of people who had experienced a brain injury. I also delivered group-based psychological intervention for people with brain injuries and their carers.

**SPECIALIST TRAINING**

<b>July 2023</b>	<i>Expert Witness Institute - Civil Litigation for registered psychologists: Common themes and concerns in personal injury cases</i>
<b>July 2023</b>	<i>Expert Witness Institute – Issues of diagnosis in personal injury cases</i>
<b>October 2023</b>	<i>Bond Solon – Excellence in Report Writing Skills</i>
<b>November 2023</b>	<i>Bond Solon – Court Room Skills</i>
<b>November 2023</b>	<i>Bond Solon – Cross Examination Skills</i>
<b>December 2023</b>	<i>Bond Solon – Law and Procedure Scotland</i>