

Dr Emmi Honeybourne-Ward BSC (Hons), DClinPsy Clinical Psychologist



Health Professions Council Registration: PYL33731

Dr Honeybourne-Ward has been working in the field of mental health since 2009. Since she completed her Doctorate in Clinical Psychology Dr Honeybourne-Ward has specialised in working with looked after and adopted children. In particular, she has worked within a team of social workers in children's services in London for two years, where she undertook training in Dyadic Developmental Psychotherapy (DDP). Dr Honeybourne-Ward has also worked within a social enterprise for the past six years predominately with adoptive families, children's residential homes and with children's social care teams, and contributed to care/placement planning for looked after children. In addition to her clinical commitments, Dr Honeybourne-Ward provides expert witness services in the area of family laws.

## **AREAS OF SPECIALISM**

- Assessment of child and adolescent mental health
- Looked after and adopted children
- Full psychological assessments of parents
- Family assessment and therapeutic work
- Professional consultation (predominately within children's social care)
- Care proceedings
- Placement recommendations
- Psychological assessments of parents
- Attachment-focused assessment and therapeutic intervention (DDP
- Cognitive assessment of adults, children and adolescents
- Capacity assessments
- Developmental trauma
- Psychological therapy for child, adolescent and adult mental health problems

## **PROFESSIONAL QUALIFICATIONS**

- 2013 2016 Doctorate in Clinical Psychology, Royal Holloway University
- 2012 2013 Post-Graduate Diploma in Psychological Research Methods, Open University
- 2009 2010 Low intensity Cognitive Behavioural Interventions, University College London
- 2005 2008 BSC Psychology, University of Bristol



# WORK HISTORY

## Jan 2018 – Present Senior Clinical Psychologist: The Child Psychology Service.

- Psychological assessment of children and families.
- Cognitive assessment of children and parents.
- Attachment-focused intervention with both parents/carers and children.
- Professional consultation.
- Providing training to groups including parents, foster carers, residential care staff and social care teams.
- Supervision of Clinical Psychologists and Specialist Occupational Therapists.

## Oct 2016 – Dec 2017 Clinical Psychologist: CAMHS, West London NHS Trust.

- Based within a specialist LAAC service within social care.
- Consultation to social workers to inform a psychological understanding of children and families.
- Psychological assessment of children and families.
- Therapeutic parenting interventions for foster carers.
- Individual therapeutic support for looked after children.

## Oct 2013 – Oct 2019 Trainee Clinical Psychologist

#### Placement 1: Adult Primary Care Psychology Service

- Psychological assessment of adults
- Providing psychological intervention for adults
- Providing predominately Cognitive Behavioural Therapy and Acceptance and Commitment Therapy
- Providing weekly groups for inpatient adults experiencing symptoms of psychosis
- Service audit and evaluation

#### Placement 2: Adult Memory Clinic

- Providing cognitive assessment of adults referred with suspected dementia
- Producing detailed assessment reports and providing recommendations
- Providing feedback to clients as part of a wider multi-disciplinary team

#### Placement 3: Child and Adolescent Mental Health Service (CAMHS)

- Psychological assessment of children
- Cognitive assessment of children
- Systemic and CBT intervention for children and families
- Running parenting groups for children with learning difficulties

#### Placement 4: Specialist Looked After Children Service

- Psychological assessment of children and families
- Attachment-focused intervention
- Providing therapeutic groups for foster carers
- Consultation to social work colleagues
- Cognitive assessment of children

#### **CONTINUED PROFESSIONAL DEVELOPMENT**

April 2021 Non-Violent Resistance Therapy: Level 1

February 2018 'STAR' Supervisor Training

April 2017 Dyadic Developmental Psychotherapy Level 2

November 2016 Dyadic Developmental Psychotherapy Level 1