



**Dr Natalie DeWeever**

B.Sc, DClinPsych.

**Chartered Clinical Psychologist**



Health Professions Council Registration: **PYL36625**

Dr DeWeever is a Chartered Clinical Psychologist registered with the Health Care Professionals Council with over 10 years' experience working in the field of mental health. She has a wealth of experience working with adults and families across the lifespan in both inpatient and community NHS, voluntary and private sectors with individuals from a range of socioeconomic and cultural backgrounds. Since qualifying as a Clinical Psychologist, she has specialized in the assessment and treatment of adults with complex mental health difficulties and their families. She has significant experience and specialist training in assessing and working with individuals with psychosis and their families and has provided specialist training, supervision and consultation to individual clinicians and other teams.

Dr DeWeever routinely conducts thorough risk assessments in her current role working in a crisis service where she works alongside various professionals from different agencies to ensure the best possible treatment for those under their care. She works with a wide range of presentations in my current role, including the assessment and treatment of complex trauma, mood disorders and personality disorders. Through her clinical experience she has been able to develop her competence in the administration of psychometric assessments and cognitive assessment alongside the use of clinical interviews. Prior to becoming a clinical psychologist, she was able to develop her assessment and report writing skills working in a research team at Oxford University. A number of their research projects were published in reputable journals. She was also able to develop her assessment skills working in a locked secure unit for adult women with a range of presenting difficulties, including personality disorders, severe learning disabilities and autism.

#### **AREAS OF SPECIALISM**

- Adult Mental Health
- Severe and enduring mental health difficulties
- Trauma and PTSD
- Psychosis
- Behavioural difficulties
- Adjustment disorders

#### **PROFESSIONAL QUALIFICATIONS**

- 2018**          Doctorate in Clinical Psychology – University of London (Royal Holloway)
- 2011**          BSc (Hons) Psychology – University of Birmingham

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## **WORK HISTORY**

### **2021 – Present Senior Clinical Psychologist - Greater Manchester Mental Health Foundation Trust**

- I currently work as a senior clinical psychologist in a Home Based Treatment team where I have developed and established a psychology pathway. Through this experience I have been able to significantly develop my leadership, clinical and organizational skills.
- My work includes assessment, clinical risk assessment, formulation and brief intervention with a wide range of clinical presentations across the life span in a high stress and emotive setting.
- My role also includes liaison with other professionals and agencies and identifying the most appropriate onward pathway for service users who require longer term psychology input
- I facilitate complex case discussions and reflective practice sessions for the MDT and offer 1:1 clinical supervision to members of the team.
- I have recently completed EMDR training and have utilized a number of approaches in my clinical work including CBT, DBT and compassion-focused therapy.
- I have been able to introduce staff wellbeing initiatives, including organizing the team away day.
- I have delivered training to the MDT on a number of psychological presentations and therapies
- I have been involved in a number of audit projects across the trust and am currently involved in the development of a specific distress tolerance/emotion regulation pathway within the service.

### **2020 – 21 Locum Clinical Psychologist, Band 8a – Pulse Recruitment Agency, Pennine Care NHS Foundation Trust**

- I recently worked as a locum clinical psychologist in a physical health psychology service. I worked with clients with a wide range of physical health problems including diabetes, cancer, chronic pain and a number of respiratory conditions.
- Role involved one-to-one psychological assessment and therapy, informed by a number of psychological models including CBT and ACT.
- Role also included liaison with medical professionals, other mental health services, and members of the clients' care team to ensure clients get the best out of their medical treatment.

### **2018 – 20 Clinical Psychologist, Band 7 – Early Intervention in Psychosis service**

- Inpatient and outpatient, individual and group psychological therapy for individuals, families and cares of individuals experiencing first episode psychosis.
- Multidisciplinary team, working alongside nurses, physiotherapists and psychiatrists.
- I worked with individuals experiencing a range of mental health difficulties including psychosis, depression and anxiety, drug and alcohol misuse, relationship issues and low self-esteem.
- Use of several therapeutic models: primarily Cognitive Behavioural Therapy (including mindfulness and compassion-focused approaches). Use of trauma-focused approaches such as Narrative Exposure Therapy (NET) and trauma-focused CBT.
- Supervision of junior staff members (including assistant psychologist)
- Contribution to audit and service development, as well as teaching and training.

**2015 – 18      Trainee Clinical Psychologist**

- Six, 6-month placements in a variety of inpatient and outpatient settings, including IAPT, CAMHS, clinical health psychology, an adolescent mental health service and an Early Intervention in psychosis team.

**SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT**

- 2022**              Eye Movement Desensitization Therapy (EMDR) training, part one
- 2020**              Kings College London IOPPN Graduate Certificate in CBT-informed and carer-supportive practice in Psychosis
- 2020**              North Thames Advanced Supervisor Workshop
- 2019**              University College London Cognitive Behavioral Therapy for psychosis top-up certificate
- 2019**              North Thames New Supervisor Workshop