



**Dr Masuma Rahim**

BSc (Hons) MSc PsychD PGCert AFBPsS

**Chartered Clinical Psychologist**



Health Professions Council Registration: **PYL31720**

British Psychological Society Membership: **208369**

Dr Rahim is a Chartered Clinical Psychologist with experience of working in adult mental health, complex needs and in forensic settings. Dr Rahim has a particular interest in working with degenerative disorders and acquired brain injury and currently works in both assessment and neurorehabilitation. Dr Rahim has considerable experience of assessing mental capacity, both contemporaneously and retrospectively.

Dr Rahim is typically instructed by the claimant and has a specialist interest in the neurological sequelae of traumatic brain injury. Dr Rahim is currently a Special (Medical) Visitor to the Court of Protection and the Office of the Public Guardian, assessing mental capacity on the instruction of the court. Dr Rahim's research interests are in the area of trauma, the long-term outcomes of neurological conditions and LGBT mental health.

#### **AREAS OF SPECIALISM**

- Adult Mental Health
- Neuropsychological Assessment
- Neurorehabilitation
- Mental Capacity

#### **PROFESSIONAL QUALIFICATIONS**

<b>2023</b>	Richman EMDR Training, Parts 1-3
<b>2021</b>	University of Glasgow; PGDip in Clinical Neuropsychology
<b>2016</b>	Association for Family Therapy; PGDip Systemic Psychotherapy
<b>2014</b>	University of Surrey; PsychD Clinical Psychology
<b>2011</b>	Institute of Psychiatry, King's College London; MSc Clinical Forensic Psychology
<b>2006</b>	Royal Holloway, University of London; BSc (Hons) Psychology

#### **WORK HISTORY**

##### **2021 – Present Principal Clinical Psychologist, Barts Health NHS Trust**

Providing neuropsychological assessment and intervention for a range of neurological conditions, including acquired brain injury, as part of the Tower Hamlets Community Neuro Team. Offering consultation to colleagues and the wider MDT in cases of complex risk and mental capacity. Liaising with statutory and third-sector services to facilitate neurorehabilitation. Conducting mental capacity assessments.

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**2017 – 2021      Principal Clinical Psychologist, Homerton University Hospital NHS Trust, Regional Neurorehabilitation Unit**

Providing neuropsychological assessment and intervention for a range of difficulties following brain injury, using a combination of CBT, systemic and third-wave approaches. Supervising Assistant and Trainee Psychologists and providing consultation to colleagues within the MDT. Leading on challenging behaviour and risk assessment. Providing training on the Mental Capacity Act and taking up membership of the Trust MCA/DoLS Working Party

**2017      Principal Clinical Psychologist, London & North West Healthcare NHS Trust**

Conducting neuropsychological assessments following stroke. Providing post-diagnostic counselling, psychological assessment and intervention for a range of difficulties, using a combination of CBT, systemic and third-wave approaches. Assessing for Mental Capacity and being involved in Best Interests decision-making. Providing consultation to colleagues within the MDT and contributing towards service development

**2017      Principal Clinical Psychologist, West London Mental Health NHS Trust**

Providing psychological assessment and intervention for a range of difficulties, including psychosis, using a combination of CBT, systemic and third-wave approaches. Conducting neuropsychological assessments in cases of suspected brain injury or cognitive impairment. Supervising a Trainee Clinical Psychologist and providing consultation to colleagues within the MDT. Contributing towards service development

**2015 – 16      Highly Specialist Clinical Psychologist, South-West London & St George's Mental Health NHS Trust, Wandsworth Older Adults CMHT**

Carrying out neuropsychological assessments, consultation and therapy to older adults, their families and carers, with additional sessions in a Memory Assessment Service and a Family & Couple Therapy Clinic.

## **PUBLICATIONS AND PRESENTATIONS**

Haye, L., Sundin, E., & Rahim, M. (2023). Leading with humility. In Systemic approaches to brain injury treatment: Navigating contemporary practice. Routledge, London, UK.

Janally, S., Rahim, M., Rao, A. S., & Johore, S. (in press). Leadership mentoring for ethnic minorities: The development of the RISE mentoring programme. In The mentoring handbook: Approaches in health and social care. Pavilion, London, UK.

O'Sullivan, M.F., Rahim, M., & Hall, C. (2015). The prevalence and management of poor sleep quality in a secondary care mental health population. *Journal of Clinical Sleep Medicine*, 11(2), 11-116.

Rahim, M. (2014). Developmental trauma disorder: An attachment-based perspective. *Clinical Child Psychology and Psychiatry*, 19(4), 548-560.

Rahim, M. (2017). Social justice and equality: Preparing the next generations of psychologists to act. *Clinical Psychology Forum*, 299.

Rahim, M. (in preparation). Functional neurological presentations: Aetiology, formulation and best-practice guidelines for non-pharmacological management.

Rahim, M., Cullen, A.E., Clarke, A.Y., Dean, K., & Fahy, T. (in preparation). Cognitive skills training for male mentally disordered offenders: The effect of co-morbid antisocial personality disorder.

Rahim, M., & Cooke, A. (in press). Should clinical psychologists be political?

Rahim, M., & Patton, R. (2015). The association between shame and substance misuse in young people: A systematic review. PeerJ, 3:e737. Available: <https://peerj.com/articles/737.pdf>

Rahim, M., & Winstanley, H. (under review). Do shame and self-compassion predict variance in substance use in young people?

Rahim, M., & Winstanley, H. (in preparation). Methodological considerations when conducting psychological research with young people.

Simonds, L.M., John, M., Fife-Schaw, C., Chester, S., Taylor, H., Ling, H., Rahim, M., Winstanley, H., & Winton, H. (2016). Development and validation of the Adolescent Shame-Proneness Scale. Psychological Assessment.

Winstanley, H., & Rahim, M. (in preparation). The role of self-concept factors in predicting risky sexual behaviour in young people.

#### **Conference Presentations**

Rahim, M., Cullen, A.E., Clarke, A.Y., Dean, K., Fahy, T. (2013, September). Cognitive skills training for male mentally disordered offenders: The effect of co-morbid antisocial personality disorder. Paper presented at the International Congress on the Disorders of Personality, Copenhagen, Denmark.

Rahim, M., John, M., & Simonds, L.M. (2014, December). Do shame and self-compassion predict variance in substance use in young people? Paper to be presented at the British Psychological Society Division of Clinical Psychology Annual Conference, Glasgow, UK.

#### **Invited Conference Presentations**

Rahim, M. (2016, February). Creating safe spaces for queer Muslims. Paper presented at the First Stonewall Multi-Faith Seminar, London, UK.

Rahim, M. (2016, February). Social justice and equality: Preparing the next generations of clinical psychologists to act. Paper presented at the British Psychological Society 'Inclusivity: Going Beyond Lip Service' Conference, Birmingham, UK.

Rahim, M. (2016, March). Clinical psychology as part of the problem. Paper presented at the Division of Clinical Psychology Pre-Qualification Group Conference: Clinical Psychology: Thinking more, speaking more, doing more, Birmingham, UK.