



Dr Rebecca Williams
BSc, D.ClinPsych, CPsychol
Consultant Clinical Psychologist



Health Professions Council Registration: **PYL22082**
British Psychological Society Membership: **094588**

Dr Rebecca Williams is a Consultant Clinical Psychologist, with over 18 years expertise in working with adults and children with learning disability and neurodevelopmental disorders. Dr Williams is trained and experienced in conducting clinical risk assessments for adults and adolescents with learning disabilities and violent or sexually inappropriate behaviour. Dr Williams has worked within the NHS and privately conducting complex assessments, formulations and interventions, as well as providing clinical leadership to Learning Disability, Children's Disability Services and Neurodevelopmental Disorders services within the NHS. Dr Williams is also an Honorary Lecturer at Bangor University for her extensive work with North Wales Clinical Psychology Training Program as a lecturer and research supervisor in the field of disabilities.

PROFESSIONAL EXPERIENCE HIGHLIGHTS

- Private practice assessments with adults & children with neurodevelopment disorders and learning disabilities, including within court proceedings
- Leading development of a new service for children with neurodevelopmental disorders (2016-18, BCUHB)
- Leading on psychological services during development of a new integrated service for disabled children with service user and local authority partners (2015, BCUHB)
- Research supervisor for several doctoral theses in the field of learning disabilities
- Previous committee member for several specialist clinical psychology groups, including DCP Wales, LD Faculty, and Psychologists in Social Services, over the last 10 years, contributing to guidance, policies & initiatives in the field of clinical psychology and disability

PROFESSIONAL QUALIFICATIONS

- 2001 Doctorate in Clinical Psychology, Hull University
1997 BSc, Psychology with Clinical Psychology, Hull University

WORK HISTORY

2019 – Present Consultant Clinical Psychologist, Private Practice

Undertaking psychological assessment of adults and children with neurodevelopmental disorder, including for legal purposes. Mental capacity & litigation assessments, complex developmental assessments for conditions such as ASD, ADHD, LD, risky or challenging behaviour, and functional analytic assessments within disability.

2009 – 18 Lead Consultant Clinical Psychologist, Betsi Cadwaladr University Health Board (BCUHB)

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Operating as clinical lead for both the children's disability services and neurodevelopmental disorders services, working both clinically as a highly specialist disability psychologist, and in a leadership and supervisory role across six local authority counties, eight different teams and managing around twenty staff. Particular expertise in challenging behaviour, and risk assessments for children with forensic issues. Over 18 years expertise in assessing children with complex developmental disorders, with multiple/ systemic risk factors and complex disabilities, including autism, ADHD, learning disability, language disorders, genetic syndromes, abuse and neglect, and skilled at developing rapport and meeting the communication needs of the child and family. In addition to assessment experience, Dr Williams is trained and experienced in a variety of psychological intervention models including CBT, PBS, ACT, Mindfulness and Systemic therapy, to name but a few, and able to adapt these models to a disability context.

2006 – Present Psychological Performance Coach, Smart Climbing

Utilising expertise in psychological approaches to performance, mental health and adventure sports, Dr Williams has been working privately on a part time basis with athletes from grassroots to elite and juniors to masters, delivering coaching, workshops and training on psychological elements to performance and the interface with mental health. Dr Williams specialises in management of anxiety in an adventure sports context and in training for non-psychologists (coaches, instructors, athletes, governing bodies) on psychology and performance.

2002 – 08 Principle Clinical Psychologist, Adults and Children with Learning Disabilities, BCUHB

Solely responsible for providing psychological assessment, formulation and intervention for adults and children with learning disabilities within the Arfon area, as well as working as part of the broader multiagency team to offer psychological expertise to care planning and ongoing support for clients. Dr Williams also provided supervision for team members, assistant psychologists and trainee clinical psychologists working within the team. Her main duties included eligibility assessments, mental capacity assessments, functional analysis, diagnostic assessments, mental health interventions for children, adults and parents, and training for care staff.

SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT

2019	SAVRY, HCR-20, SVR-20 training
2019	BPS Expert Witness Training
2017	Level 7 Diploma in Strategic Leadership & Management, CMI via Bangor University
2017	Level 7 Certificate in Executive Coaching & Mentoring, ILM via Bangor University
2014	Silver IQT Award, Improve Quality Together, NHS Wales
2011	PAMS Assessment Training

PUBLICATIONS AND RESEARCH

2016	Barter, B & Hastings, R & Williams, R & Huws, J (2016). Perceptions and Discourses Relating to Genetic Testing: Interviews with People with Down Syndrome. Journal of applied research in intellectual disabilities; 30 (2)
2011 – 12	Research supervisor for Dr C Lamers Doctorate in Clinical Psychology 'Older People and End of Life Choices. An exploration of options & related discourses', awarded 2012, Bangor University
2010 – 11	Research supervisor for Dr C Backhouse Doctorate in Clinical Psychology 'Mental Health Difficulties

- within the Profession of Clinical Psychology', awarded 2011, Bangor University
- 2009 – 10 Research supervisor for Dr B Barter Doctorate in Clinical Psychology 'A qualitative exploration of the views of individuals with Down syndrome toward prenatal genetic testing', awarded 2010, Bangor University
- 2008 – 09 Research supervisor for Dr E Jones Doctorate in Clinical Psychology 'Identity formation in adolescents with and without learning difficulties', awarded 2009, Bangor University
- 2007 – 09 WORD PhD Grants panel member – reviewing PhD proposals for suitability for funding by Welsh Office of Research and Development
- 2003 Clinical supervision of trainees' small-scale research projects in dementia & LD, and referral patterns in LD services
- 2001 Doctorate in Clinical Psychology thesis, Crook, R 'Experiences of menorrhagia and hysterectomy: an exploratory study'. Awarded 2001, University of Hull.