



**Dr Emma Stevens**

BSc, Post Grad Dip, DClinPsych.

**Chartered Clinical Psychologist**



Health Professions Council Registration: **PYL27135**  
British Psychological Society Membership: **180062**

Dr Stevens is a Chartered Clinical Psychologist with twelve years of post-doctoral experience and over fifteen years of experience of working in mental health services. Dr Stevens currently works as a principle clinical psychologist for learning disability teams undertaking assessments of cognitive and functional abilities and associated mental health problems. She has also worked with adults with common mental health difficulties including depression, anxiety, trauma and OCD. Dr Stevens runs a busy private practice including offering therapy to individuals who are experiencing difficulties with low mood, anxiety and trauma.

#### **EXPERT WITNESS EXPERTISE**

- Assessments of adults or children with learning disabilities, intellectual impairment or mental health problems.
- Mental capacity assessments in cases of cognitive or intellectual impairment
- Diagnostic assessments of trauma, PTSD and adjustment disorders in cases of personal injury or clinical negligence.
- Complex assessments of parents with learning difficulties and their capacity to care for a child.
- Complex mental health assessments involving differential diagnosis and treatment planning.

#### **PROFESSIONAL QUALIFICATIONS**

2017	Advanced Professional Diploma in Positive Behaviour Support
2011	Practitioner Doctorate in Clinical Psychology (DClinPsych), University of Surrey.
2008	Health Psychology Postgraduate Certificate with Merit (Post Grad Dip.), University of Westminster.
2005	Psychology (BSc), University of Nottingham.

#### **WORK HISTORY**

2019 – Present	Principle Clinical Psychologist, Community Team for People with Learning Disabilities, Sussex Partner NHS Trust
2018 – Present	Clinical Psychologist, Ashdown Psychology Services – Providing integrative psychological interventions in private practice.

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- 2015 – 2019 Senior Clinical Psychologist, Community Team for People with Learning Disabilities, Sussex Partner NHS Trust
- 2013 – 2015 Senior Clinical Psychologist, Community Team for People with Learning Disabilities, Surrey and Borders Partnership NHS Foundation Trust
- 2013 – 2014 Senior Clinical Psychologist, Specialist Family Services, Sussex Partnership NHS Foundation Trust
- 2011 – 2013 Clinical Psychologist, Community Team for People with Learning Disabilities, Surrey and Borders Partnership NHS Foundation Trust
- 2010 – 2011 Trainee Clinical Psychologist, Surrey and Borders Partnership NHS Foundation Trust
- Looked After and Adopted Children’s Team
  - Community Mental Health Team for Older People’s Service
  - Community Learning Disabilities Team
  - Child and Adolescent Mental Health Service
  - Specialist Psychological Therapies Service

#### **SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT**

- 2020 EMDR Training, Dr Sandi Richman
- 2019 Armadillo Training
- 2018 CBT for Complex Trauma

#### **PUBLICATIONS AND PRESENTATIONS**

- King, E.L., Brown, D., Petch, V. & Wright, A. (2014). Support seeking in young people who have offended: An Interpretative Phenomenological Analysis. *Clinical Child Psychology and Psychiatry*, 19(1), 7-23.
- Doswell, S., King, E., Walker-Samuel, N., Tissandier, A. & Buchanan, M. (2011). Running a positive psychology group with people with learning disabilities. *Clinical Psychology and People with Learning Disabilities*, 9(1), 8-12.