



Dr Hannah Farr BSc (Joint Hons), MSc., DClInPsych., MBPsS, CPsychol.
Chartered Clinical Psychologist



Health Professions Council Registration: **PYL25832**
British Psychological Society Registration: **41477**

Dr Hannah Farr is a Chartered Clinical Psychologist with experience working with children, adults and families across diverse clinical settings including acute wards and medium-secure units. She specialises in providing assessments and interventions for personality disorder and brain injury and has worked therapeutically with adolescents and adults with a range of mood disorders and acute psychological problems. She has experience in providing risk assessments and working with relapse prevention interventions.

Dr Farr currently works independently providing therapy for adults, couples and adolescents as well as providing expert witness services for the Family, Criminal, Immigration, Personal Injury Courts and Mental Health Tribunals. She is trained in Cognitive Behavioural Therapy (CBT), Psychodynamic psychotherapy, Cognitive Analytic Therapy (CAT), Dialectical Behavioural Therapy (DBT) and family interventions.

PROFESSIONAL EXPERTISE

- Specialist skills in working with mood disorder, personality disorder and learning difficulties
- Experience in working therapeutically with brain injury patients
- Expertise in cognitive and behavioural interventions
- Assessments of risk and relapse prevention
- Experience of working with trauma and loss
- Neuropsychological assessments
- Experienced in writing reports for the Courts

PROFESSIONAL QUALIFICATIONS AND TRAINING

2010	Doctorate in Clinical Psychology, Canterbury Christchurch University
2005	MSc. Health Psychology, University of Westminster
2001	BSc.(Joint Hons) Psychology and Social Anthropology, Brunel University

WORK HISTORY

2017-Now Chartered Clinical Psychologist in Independent Practice, Marlborough (Wiltshire) and Faringdon (Oxfordshire)

- Individual therapy for adolescents, adults and couples
- Expert witness services
- Consultation services

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2016 - Now Chartered Clinical Psychologist, Associate in the Oxford Clinical Psychology Service, Faringdon, Oxfordshire

Providing individual therapy for adolescents, adults and couples presenting with a variety of psychological challenges.

2011 – 14 Clinical Psychologist, Trevor Gibbens Unit (Medium-Secure Forensic Service), Maidstone, Kent

- Individual therapy with men with a diagnosis of Schizophrenia using a CBT model to develop formulations collaboratively with clients; couples work and interventions with the family unit, co-facilitated with a social work colleague
- Individual therapy with women with a range of diagnoses primarily with Schizophrenia and Personality Disorder diagnoses, using DBT and schema therapy
- Fire-setting assessments and interventions
- Relapse prevention interventions
- Group work with clients on the wards, including a therapeutic group for women with a diagnosis of personality disorder using a psychodynamic approach
- Training staff members of the multi-disciplinary team
- Facilitating reflective practice groups for ward staff
- Formulation of client presentations using psychological models and theories, including CBT, Psychodynamic psychotherapy, CAT, DBT, family interventions.
- Formulations with multi-disciplinary team members
- Assessments: WAIS-III, HCR-20, MCMI-II
- Ward psychologist attending ward rounds, CPA meetings and other meetings with professionals and family members

2011 - 11 Locum Clinical Psychologist, River House Medium Secure Unit, Bethlam Hospital, South London

- Ward psychologist on a women's acute ward
- Individual therapy: using CBT and psychodynamic models
- Group therapy: co-facilitated with MDT colleagues
- Assessments: risk assessments (HCR-20), MCMI-II (to assess personality traits), WAIS-III
- Report writing, therapy reports, case conference reports delivered to clients, MDT professionals, other professionals and clients

2007-10 Trainee Clinical Psychologist, Salomons Centre, Tunbridge Wells

- Adult Medium Secure Service
- Community Older Adult Service
- Child and Adolescent Mental Health Service
- Community Learning Disability Service
- Community Mental Health Team and Therapeutic Community for people with a diagnosis of personality disorders
- Thesis looking at relationships between young people who experienced a brain injury and their parents

2006 - 07 Assistant Psychologist, Queen Elizabeth's Centre Brain Injury Rehabilitation, Banstead, Surrey

- A caseload of primarily adolescents and young people who had experienced a brain injury which had significantly impacted their life
- Individual therapy: cognitive therapy programmes, emotional and adjustment issues.
- Group therapy: brain injury awareness, memory and attention, problem solving and planning
- Neuropsychological assessments: WAIS-III, WMS-III, WTAR, RBANS, DKEFS
- Report writing: assessments and formulation/therapy reports
- Formulations: discussing formulations with clients and their families and with colleagues to use in the clients recovery
- Regular contact with parents/carers to encourage continuity across settings

2005-06 Assistant Psychologist, Bracton Centre Medium Secure Unit, South London and Greenwich Youth Offending Team

- Individual therapy: CBT and psychodynamic theories with offenders who had diagnoses of psychosis, personality disorder and learning disability
- Group therapy: health psychology groups on the ward, anxiety management and problem solving
- Assessments: WAIS-III, WMS-III, MCMI, HCR-20 (within the adult service), WISC (within the youth offending service)
- Report writing
- Attending weekly MDT meetings

2003-05 Research Assistant, Royal College of Psychiatrists' Research Unit, London

- Working on a project looking at care pathways of those referred but not admitted to adolescent mental health units in England
- Obtaining ethical approval and research governance
- Contributing to data collection tools
- Data collection across mental health, education, justice system and social services
- Contributing to publications

2001-03 Research Assistant, University of Hertfordshire

- Data collection, in education settings with primary school children looking at word finding difficulties
- Contributing to publications

PROFESSIONAL DEVELOPMENT

2018	Eye Movement Desensitization and Reprocessing (EMDR) Therapy training, Richman EMDR training
2018	Schema Therapy – The Model, Methods and Techniques & Working with Complex Presentations; Schema Therapy Training UK
2017	Expert Witness Workshop, British Psychological Society
2017	New Approaches to Traumatic Grief and Loss, SDS Seminars Ltd
2013	Working successfully in independent practice as a therapist, The British Psychological Society,

- 2013 HCR-20 Version 3 update training, Kent Forensic Psychology Service
- 2013 Dialectical Behaviour Therapy, The Skills Development Service Ltd
- 2013 Supervision Skills training: Workshop 1 – Essentials of Supervision, The British Psychological Society

PUBLICATIONS AND PRESENTATIONS

Murphy, V.A., Dockrell, J., Messer, D., and **Farr, H.** Morphosyntax in children with word finding difficulties. *Journal of Child Language*. 2008., 35 (03): 703-720

O'Herlihy, A., Lelliott, P., Bannister, D., Cotgrove, A., **Farr, H.**, Tulloch, S. Provision of child and adolescent mental health in-patient services between 199 and 2006. *Psychiatric Bulletin*. 2007, 31 (12): 454-456

O'Herlihy, A., Lelliott, P., Cotgrove, A., Andiappan, M., **Farr, H.** The care paths of young people referred but not admitted to in-patient child and adolescent mental health services: London: Department of Health, 2007.

Meenaghan, A., O'Herlihy, A., Durand, M.A., **Farr, H.**, Tulloch, S., Lelliott, P. A 55kg paper mountain: the impact of new research governance and ethics processes on mental health services research in England. *Journal of Mental Health*. 2007, 16 (1): 149-155