



Lisa Anderson B.Sc., M.Sc., AFBPsS
Chartered Clinical and Forensic Psychologist



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Health Professions Council Registration: **PY01925**
British Psychological Society Membership: **095343**
BACP Registration: **070298**

Ms Lisa Anderson is an HCPC registered Consultant Forensic and Clinical Psychologist and accredited Cognitive Behavioural Therapist with BABCP with over 18 years' experience as a clinician and an academic. She works within child mental health and adult services, where I have provided assessment, interventions, and supervision in both the NHS and private sector. She works with children, adolescents, adults, young offenders, looked after children, homeless and asylum seekers. She also provides an embedded psychological service to children homes and schools. She currently provides medico-legal reports for injury claims, care orders and mental health reviews.

She lectures in Psychology for the University of Leicester and manages the multi-agency training service in child mental health across Leicester, Leicestershire, and Rutland. She is responsible for training 600-900 primary care staff per year for over 12 years and teaching postgraduate students.

Lisa Anderson provides consultancy on training and CBT to many statutory and voluntary agencies and have been actively involvement in local IAPT development. She is an associate Lecturer for University of Derby on the Child and Young People IAPT course. She has recently developed a training package for schools in Yorkshire and is a national trainer in child mental health, working closely with Universities and local councils developing and running CPD workshops.

PROFESSIONAL QUALIFICATIONS

Present	Postgraduate Diploma in Applied Psychology, University of Leicester
2007	Postgraduate Diploma in Cognitive Behavioural Psychotherapy, University of Derby
2005	Postgraduate Certificate in Cognitive Behavioural Psychotherapy, University of Leicester
2004	Postgraduate Certificate in Counselling and Psychodynamic Theory, University of Leicester
1999	MSc in Forensic Psychology, University of Leicester
1997	B.Sc. Behavioural Sciences, University of Leicester

WORK HISTORY

2018-Now Associate Lecturer, University of Derby

Providing supervision and teaching for the CYP IAPT course.

Examiner for the PGDip Cognitive Behavioural Psychotherapy

2012-Now Private Practice Psychologist

As a Consultant Clinical and Forensic Psychologist and Cognitive Behavioural Therapist, Lisa Anderson provide clinical assessments and interventions with children and adolescents and adults who have been referred for various mental health problems, e.g. emotional disorders such as depression, anxiety disorders and PTSD; behavioural problems, and severe psychiatric disorders. I work primarily within a Cognitive Behavioural framework although some patients require a more holistic approach thus utilising a humanistic or Psychodynamic approach as deemed appropriate.

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2014-16 Clinical Lead and Governance, CPA Ltd

Lisa Anderson worked as the Clinical Lead and Principal Psychologist for a national psychology service providing consultancy, training and therapeutic input to children residential homes and schools. I was responsible for the clinical oversight of the clinicians who work there.

Her role involved assessment and individual treatment work (self-referral, organisational referral and employee assistance programmes) training, and providing an embedded psychological service to our clients. The company also conducted medico-legal assessments for litigation, criminal proceedings, care orders, immigration tribunals and mental health reviews.

2005-17 Lecturer in Psychology / CAMHS Multiagency Manager, University of Leicester

She managed an innovative project funded by the NHS in accordance with government requirements, which is to train all staff in Leicester, Leicestershire and Rutland who work with children and adolescents in Child Mental Health. She provided consultation and development of targeted training for agencies, who require specialised training in child mental health around the Country.

She was actively involved with national initiative Improving Access to Psychological Therapies and sat on the multiagency steering committee, and provide consultancy in Cognitive Behavioural Therapy.

She provided Postgraduate teaching, personal tutor and marker for the MSc in Child Mental health and developed online material for the distance learning course as well as guest lecturing for undergraduate Psychology and Psychiatry training.

2005-14 Chartered Clinical Psychologist / Cognitive Behavioural Therapist**Leicester Child and Adolescent Mental Health Services (CAMHS)**

She provided psychological assessment and clinical intervention with children, adolescents and families, who have been referred for various mental health problems, e.g. emotional disorders such as depression, anxiety disorders and PTSD; behavioural problems, and severe psychiatric disorders using Cognitive Behavioural, humanistic or Psychodynamic approaches.

2001-05 Research Associate, University of Leicester

She was responsible for assessing health needs and perceptions of Young Offenders and Looked After Children. She evaluated Child Behaviour Intervention Initiative (CBII) and a support service for homeless families and new projects on the CBII information line, an interface between CBII and CAMHS. Her research findings have been disseminated both nationally and internationally and her reports have been used in service provision especially with regards to the findings from my work with young offenders.

2001-03 Voluntary Support Worker, Leicester Witness Cocoon

Support for individuals affected by crime and antisocial behaviour. Adopting a holistic approach to counselling, using psychodynamic, person centred and CBT techniques as deemed appropriate.

2001 Associate Psychologist, Rampton Health Authority

Assessment and Intervention (individual and group) of high-risk offenders with learning disabilities and dual diagnosis. She administered and interpreted standardised psychometric, sociometric and projective tools as well as one-to-one work in various formats such as a humanistic approach, psychodynamic and cognitive-behavioural. She has been involved in skills training, offence analysis, anxiety reduction, anger management, sex offender work, assertiveness, communication and listening skills training.

1998-01 Support Worker, Leicestershire Society for the Blind

Supporting individuals with learning disabilities and challenging behaviour.

2000 Probation Service Officer, Leicestershire and Rutland Probation Service

Risk Assessment and intervention of adult offenders at HMP Leicester. I interviewed up to 25 new inmates daily for risk of harm and followed up with any issues regarding their sentence for six months.

Cognitive skills programme tutor for offenders in the community. Whilst with the programmes team she tutored six cognitive skills programmes to offenders, two drink driving courses and one driving whilst disqualified. She was trained to run the pathfinder programme focus on violence. For each programme, she wrote reports with my co-worker on the offender's progress and arranged three-way meetings with their assigned key workers regarding further needs.

1998 Nursing Assistant, Princess Marina Hospital, Northampton

Supporting individuals with profound learning disabilities.

1997-98 Voluntary Worker, Youth Justice Team, Kettering, Northamptonshire

One-to-one work with young offenders. Offence analysis and intervention

CONFERENCE PRESENTATIONS

Anderson L. Understanding and responding to self-harm: Looking behind the behaviour. Mental Health in Schools: Supporting Students and Removing Barriers to Learning. A SecEd Headteacher Update Conference. January 20th 2017, London.

Anderson L. Self-harm and disordered eating: Looking behind the behaviour. Mental Health in Schools: Supporting Students and Removing Barriers to Learning. A SecEd Headteacher Update Conference. June 17th 2016, Birmingham.

Anderson, L, Baker, M & Taylor, S. Linking the past to present behaviour: The development Of A Training Programme For Foster Carers. International Association of Forensic Mental Health Services, July 14th -16th, 2008, Vienna, Austria.

Anderson L, Child mental health: Multi-agency training: Implications for trainers. Division of Child and Educational Psychology. 3rd -4th January 2007, Glasgow

Anderson L, Vostanis P & O'Reilly M Three year follow-up of a family support service cohort of children with behavioural problems and their parents. Royal College of Psychiatrists Annual General Meeting, 20th-23rd June 2005, Edinburgh.

Anderson L, Vostanis P and O'Reilly M Three year follow-up of a family support service cohort of children with behavioural problems and their parents: Parental perspectives. Faculty of Child and Adolescent Psychiatry Residential Meeting, The Royal College of Psychiatrists, 21st-23rd September 2005, Harrogate.

Anderson L, Vostanis P & Spencer N. Health needs of Young Offenders. International Association of Forensic Mental Health Association. 6-9th June 2004. Stockholm, Sweden

Anderson L, Vostanis P & Spencer N. Mental health and treatment implications for young offenders. The British Psychological Society, Division of Forensic Psychology, Thirteenth Annual Conference. 22-24th March 2004, Leicester.

Anderson L, Vostanis P & Spencer N Mental health needs of children in foster care. Residential Meeting of the Faculty of Child Psychiatry. 9-11th September 2003, York.

Anderson L, Vostanis P & Spencer N Health needs of children 6-12 years in foster care. British Association

for Behavioural and Cognitive Psychotherapies. 17-19th July 2003, York.

PUBLICATIONS

- Anderson L, Stuttaford M & Vostanis P (2007) A family support service for homeless children and parents: user and staff perspectives. *Child and Family Social Work*
- Vostanis, P., Anderson L., Window, S. (2007) "Evaluation of a family support service; Short-term outcome" *Clinical Child Psychology & Psychiatry*.
- Anderson, L., Vostanis P., & O'Reily M: (2005) Evaluation of a family support service; a three-year follow up. *Child Care Health & Development*, 31, 469-477.
- Anderson, L., Vostanis P. & Spencer. N. (2004) "Perceptions of mental illness among youth offending team attenders". *Journal of Child Health Care*, 8, 149-164
- Anderson, L., Vostanis P. & Spencer. N. (2004) "Health needs profile of looked after children." *Fostering and Adoption*, 28, 31-40.
- Window, S., Anderson, L., Vostanis P (2004) "A multi-agency primary care service for children with behavioural problems". *Community Practitioner*, 77 (5), 180-184.