



Dr Donna Rooney B.Sc.(Hons), D.Clin.Psych., CPsychol
Consultant Clinical Psychologist



Health Professions Council Registration: **PYL25695**
British Psychological Society Membership: **132448**

Dr Rooney is a Clinical Psychologist working with adults with mental health or personality difficulties who have experienced trauma or who have a diagnosis of PTSD. She has worked therapeutically with adult survivors of childhood abuse and veterans. She is able to use a number of therapeutic NICE recommended interventions to work with these difficulties with good outcomes.

She has considerable experience working with individuals who are having difficulties in their workplace due to their mental health or emotional difficulties, on long-term sick leave or returning to work. She runs a busy private practice offering therapeutic interventions to adults and young adults.

LEGAL EXPERTISE

- Psychological assessments of adults with complex mental health or personality difficulties
- Diagnostic assessments of trauma and PTSD including road traffic accidents and industrial accidents.
- Complex assessments of developmental trauma, sexual abuse
- Neuropsychological assessments and assessments of mental capacity.
- Occupational health assessments including long-term sickness and return to work
- Evidence-based psychological interventions for insurance companies and the courts, with adults and young adults experiencing a range of mental health problems.

PROFESSIONAL QUALIFICATIONS

- 2010 Doctorate in Clinical Psychology (D.Clin.Psych), Lincoln University
2004 B.Sc. Psychology 1st class honours, DeMontfort University, Leicester

WORK HISTORY

Ongoing: Chartered Clinical Psychologist – Independent Practice

Providing psychological therapies to adult clients on a private basis, with a range of psychological difficulties and presenting issues.

2014-17 Clinical Lead/Clinical Psychologist – Staff Wellbeing Service (LPFT)

Providing individual and group interventions for staff members experiencing a range of complex and long-standing mental health difficulties. Providing consultancy to local and senior managers,

01273 381468

admin@psychologyexperts.org

www.psychologyexperts.org

HR and strategy/corporate services about staff health and wellbeing. Managing a multi-disciplinary team.

2012-14 Highly Specialised Clinical Psychologist - Adult Psychology (LPFT)

Providing both individual and group specialist therapeutic interventions to service users with a range of complex and long-standing mental health difficulties. Providing supervision to other clinical psychologists.

2010-12 Clinical Psychologist – Adult Psychology (Lincoln Partnership Foundation NHS Trust/LPFT)

Providing individual specialist therapeutic interventions to service users experiencing complex mental health difficulties, including complex trauma, depression, anxiety, PTSD and psychosis.

2009-11 Associate Trainee Clinical Psychologist – Healthlinc House

Working to support individuals with both forensic histories and learning disabilities

2007-10: Trainee Clinical Psychologist – University of Lincoln

Training in all aspects of Clinical Psychology and placements across different settings. This also involved completing research and my doctorate focused on exploring staff attitudes towards individuals with learning difficulties who have offended. I have presented this research at professional conferences.

2005-2007: Assistant Psychologist – Cambian Education

Working with individuals who have severe learning disabilities and their carers.

SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT

- 2018 BPS training for Expert Witnesses
- 2016 Mindfulness Based CBT
- 2015 Dialectic Behavioural Therapy (BDT) Essentials – Association for Psychological Therapies
- 2015 Working with Complex Cases
- 2015 Healthcare Leadership - NHS Leadership Academy
- 2014 Working with Psychosis
- 2013 Cognitive Analytic Therapy Skills Training
- 2013 Cognitive Behavioural Analysis System of Psychotherapy/CBASP
- 2010 Eye Movement Desensitising and Reprocessing Therapy (EMDR)
- 2009 Therapeutic Play (PTUK)