



Dr Beatrice Cox B.Sc., D.Clin.Psych., AFBPsS
Chartered Clinical Psychologist



www.hpcp-uk.org

Health Professions Council Registration: **PYL25341**
British Psychological Society Membership: **471576**

Dr Beatrice Cox is a Clinical Psychologist with 9-years post-qualification NHS experience. She works with children, parents and carers in a broad range of clinical settings. Dr Cox has extensive experience of working with young people with significant mental health difficulties such as suicidal ideation and self-harm. She works with young people with complex backgrounds, including 'looked after' children. Her therapeutic experience includes using Cognitive Behavioural Therapy (CBT), Compassionate Mind Therapy and systemic approaches. Dr Cox is trained in Triple P (Positive Parenting Programme) and works with parents to implement Behaviour Plans to manage difficult behaviours. Dr Cox has a particular interest in young people with Autism Spectrum Condition (ASC) and Learning Disabilities (LD). She is qualified to use a range of psychological and clinical procedures for assessment of ASC and LD. She uses Functional Analysis and Positive Behaviour Support plans to address psychological difficulties and challenging behaviour within this client group.

COURT EXPERIENCE

- Dr Cox provides assessments and interventions for children with complex mental health and learning difficulties, emotional and behavioural difficulties.
- She has undertaken specialist training in Autism Spectrum Condition, Learning Disabilities and ADHD.
- She works extensively with traumatised children and the impact that this has on their attachment behaviours.
- Expertise in working with looked after children presenting with behavioural difficulties.

PROFESSIONAL QUALIFICATIONS

2006-09 Doctorate in Clinical Psychology (D.Clin.Psych), Lancaster University

2001-04 B.Sc. Psychology (1st Class Honours), Lancaster University

SPECIALIST TRAINING AND DEVELOPMENT

Dec 2018 'Negotiating the challenges and opportunities in the delivery of child and adolescent CBT' - Annie Cox and Scott Lunn

Oct 2018 'A Compassionate mind approach to recovering from shame based trauma and PTSD' - Lisa Williams.

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Oct 2018 "Does the CBT Approach Address Bereavement and Loss" - Dr Faramarz Hashempour.

Aug 2016 'Autism Diagnostic Observation Schedule, Second Edition' Dr Kate Dickson

July 2016 'The Autism Diagnostic Interview - Revised' - Dr Kate Dickson

Sep 2015 "Special Friends Programme" (Resilience intervention proven to reduce anxiety and depression and promote positive mental health for children and young people with Learning Disabilities)

WORK HISTORY

2018 Private Practice

2012-18 School-Aged Learning Disability Team (CAMHS), Wrexham Maelor Hospital

Chartered Clinical Psychologist

This role involved working as part of a multi-disciplinary team to support children with a Learning Disability (aged 5 - 18 years old), and their families. She provided assessments and interventions for a wide range of psychological difficulties. Part of her role was also completing Autism and IQ assessments.

2010-12 Blurton CAMHS, Blurton Health Centre, Stoke on Trent

Chartered Clinical Psychologist

Her role involved the assessment, formulation, and treatment of children with a wide range of mental health difficulties. She was part of the 'crisis team' and was 'on call' overnight and at weekends to respond to children in crisis who presented in A&E. This involved conducting an emergency assessment to establish the appropriate course of action and to determine if the child required inpatient treatment or whether they could be discharged home. She supervised a number of professionals including other Clinical Psychologists.

2009-10 Family Intervention Project (Secondment From CAMHS), Stoke on Trent

The Family Intervention Project (FIP) was a Government initiative to address the behaviour of the most anti-social families. Families involved with the FIP tended to have a parent who was a Priority Prolific Offender; who had drug and alcohol difficulties; and were victims or perpetrators of domestic violence. Her work involved working with children and parents to maintain psychological well-being. She would work with parents of 'looked after' children to establish parenting strategies and would also work closely with 'looked after' children.

RESEARCH AND SPECIAL INTERESTS

The experience of being a parent for adults with Autism.

Effectiveness of group interventions for the treatment of Postnatal Depression

Effectiveness of Clinical Psychology intervention within Family Intervention Projects

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