

## Dr Kelly Reynolds

B.Sc., M.Sc., D.Clin.Psych., CPsychol. AFBPsS

### **Chartered Clinical Psychologist**



Health Professions Council Registration: **PYL29432**  
British Psychological Society Membership: **245165**

Dr Kelly Reynolds is a Clinical Psychologist specialising in adult forensic mental health. She works independently offering expert witness testimony to the criminal courts, cases of personal injury as well as prison parole board hearings and mental health review tribunals. She specialises in the assessment of complex risk associated with severe and enduring mental health and personality disorder as well as substance misuse problems. She has worked extensively with violent and sexually violent perpetrators in medium secure units.

She currently lectures on the Doctorate of Clinical Psychology course at the University of Glasgow on issues including mental illness and violence, writing reports for legal settings and skills for tribunals and courts.

#### **EXPERT WITNESS EXPERIENCE**

- Assessment of criminal and parental risk and the psychological factors contributing to risk.
- Specialist assessments of complex trauma, mental health and personality disorder.
- Assessments of substance misuse and the risk of relapse.
- Assessment of violent and sexual risk towards adults and children.
- Mental capacity assessments of cognitive and intellectual functioning.
- Assessments of witness testimony including suggestibility and compliance.

#### **THERAPEUTIC EXPERTISE**

- She is trained and experienced across a range of therapeutic interventions including cognitive behavioural therapy (CBT), treatment of trauma using CBT and ACT.
- She offers treatment for trauma, depression, anxiety, low self-esteem, stress and anger.
- She offers intervention for individuals who have suffered a personal injury or post-traumatic stress disorder (PTSD).

#### **PROFESSIONAL QUALIFICATIONS**

- 2012 Doctorate in Clinical Psychology (D.Clin.Psych), Canterbury Christ Church University
- 2008 MSc Clinical Forensic Psychology, Institute of Psychiatry, Psychology and Neuroscience
- 2003 BSc Psychology with Criminology, London South Bank University

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### **SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT**

- 2016 Risk of Sexual Violence Protocol
- 2016 Comprehensive Assessment of Psychopathic Personality
- 2016 Cognitive Analytic Therapy in Forensic Settings
- 2014 Supervision Skills: Workshop 1 – Introduction to Supervision Skills
- 2014 Historical, Clinical, Risk-20 (HCR-20) V3
- 2014 PTSD Master Class: Trauma Focused CBT to work with PTSD
- 2014 Witness Skills for Courts, Inquiries and Tribunals; Bond Solon Training
- 2013 University Certificate with distinction in Understanding Aggression: Assessment and Therapy; University of Central Lancashire
- 2013 Understanding and assessing personality disorder: Training in the IPDE ICD-10 version and DSM-V alternative models approach; The International Organisation for Forensic Practitioners
- 2009 CBT Boot Camp: Building Core Clinical Competencies; Dr Christine Padesky

### **WORK HISTORY**

**2013-15 Clinical Psychologist, Three Bridges Medium Secure Unit, West London Mental Health Trust**

- Part of a multidisciplinary team working in a male rehabilitation ward.
- Clinical assessments and psychometric testing for a range of complex presentations including personality assessments, psychosexual assessment, assessments of malingering, mental health and wellbeing and trauma.
- Neuropsychological assessments to assess intellectual functioning, executive functioning and memory.
- Risk assessments including HCR-20, Risk of Sexual Violence Protocol and Risk Matrix 2000
- Lead facilitator for the Aggression Management Group Programme and CBT for Psychosis Group Programme. Co-facilitator for the Sex Offender Treatment Programme and the Firesetting Group Programme.
- Provide 'Introduction to Cognitive Behaviour Therapy' teaching for medical students at Imperial College London.
- Provide clinical supervision to psychology students and assistant psychologists.

**2009-12 Trainee Clinical Psychologist, Canterbury Christ Church University (Salomons), Surrey and Borders NHS Partnership Trust**

- Croydon Integrated Psychological Therapy Service
- Lambeth Child and Adolescent Mental Health Service
- Southwark Community Team for Adults with Learning Disabilities:
- Dover Community Mental Health Team for Older People
- Neuropsychology Liaison Service, St Thomas' Hospital, London

**2008-09 Assistant Psychologist, Trevor Gibbens Secure Unit, Kent and Medway NHS and Social Care Trust**

- Conducting psychological assessments and interventions under supervision.
- Lead on a number of clinical audits and involved in multi-site research.

## **RESEARCH AND PUBLICATIONS**

Reynolds, K., & O'Dwyer, N. (2017). Aggression: Assessment and Intervention. In B. Puri, B., & I. Treasaden (Eds.), *Forensic Psychiatry: Fundamentals and Clinical Practice* (783-788). CRC Press

Reynolds, K. (2012). *Implicit theories of firesetters in secure forensic psychiatric service* (Unpublished doctoral dissertation). Canterbury Christ Church University, Kent

Macinnes, D., Beer, D., Reynolds, K., & Kinane, C. (2013). Carers of forensic mental health inpatients: What factors influence their satisfaction with services? *Journal of Mental Health, 22*(6), 528-535

King, J., Reynolds, K., Goodbody, L. and Chahal, K. (2013). Widening access to clinical psychology: regional and local initiatives. *Clinical Psychology Forum* (244). pp. 34-38

Reynolds, K., Miles, H. (2009). The effect of training on the quality of the HCR-20 violence risk assessment in forensic secure services. *Journal of Forensic Psychiatry and Psychology, 20*(3), 473-480. (Presented at the 5<sup>th</sup> National Conference of Research in Medium Secure Units, Institute of Psychiatry: 29.01.2009)

Reynolds, K., Lockerbie, L., Halpin K. (2009). Patient Satisfaction at the Trevor Gibbens Unit. *Kent Journal of Mental Health, Issue 4: Summer 2009*

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