



Dr Natalie Hiser
D.Clin.Psych; B.Sc. (Hons) Psych
Clinical Psychologist



Health Professions Council Registration: **PYL23715**
British Psychological Society Membership: **090643**

Dr. Natalie Hiser specialises in the psychological assessment of adults with complex difficulties and provision of clinical and risk assessments for both the criminal and family court. With over 20 years in NHS she has worked across various mental health services including community and forensic learning disability; women's forensic; community and prison personality disorder services and prison mental health. Areas in which she provides expert opinion include personality disorder, mental health, trauma, substance misuse, learning disability, challenging behaviours and/or offending behaviour.

Clinically she has expertise in the assessment, formulation and therapeutic intervention as well as evaluation of treatment for individuals who present with complex presentations including personality disorder, mental illness and challenging behaviours as well as substance misuse and cognitive difficulties.

FAMILY COURT EXPERTISE

- Over 14 years of experience providing reports for the family court.
- Assessments of parental risk including adult mental health problems, substance misuse, violence and domestic violence.
- Specialist assessments of parents where the ability to protect comes into question.
- Assessment of adult learning difficulties or disability.

AREAS OF EXPERTISE

- Clinical psychological assessments, risk assessment, formulation of complex difficulties including mental health, personality disorder, challenging behaviour and offending.
- Clinical psychological assessment and risk assessments of problematic parenting for family courts and social services.
- Clinical psychological assessment and risk assessments for parole boards; anger and violence, mental health, arson, substance misuse, domestic abuse, relationship problems.
- Therapy, including Schema, mentalisation based therapy and cognitive.

PROFESSIONAL EXPERTISE AND WORK HISTORY

- 2016 – Pres **Very Highly Specialist Clinical Psychology, Oxleas NHS Trust**, Clinical Lead for Psychology Informed Prison Environment HMP Swaleside
- 2013 – 16 **Very Highly Specialist Clinical Psychology, Oxleas NHS Trust**, Clinical Lead for Forensic Community Outpatient Treatment Group, Service for Personality Disordered Offenders

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- 2011 – 16 **Highly Specialist Clinical Psychologist, Oxleas NHS Trust**, Clinical Lead for Psychological services HMP Rochester Inreach Service
- 2004 – 11 **Highly Specialist Clinical Psychologist, Oxleas NHS Trust**, Womens Forensic Services, Bracton Centre, MSU
- 2002 – 07 **Clinical Psychology, Oxleas NHS Trust**, Prison Inreach Services
- 2002 – 04 **Clinical Psychology, South London & Maudsley NHS Trust**, Clinical Psychologist M.I.E.T.S Service Low Secure Unit Hon. Tutor At The Institute Of Psychiatry
- 2001 – 02 **Clinical Psychologist, South London & Maudsley NHS Trust**, Community Learning Disability Service.

PROFESSIONAL QUALIFICATIONS

- 2001 Doctorate in Clinical Psychology, University of Kent, Canterbury
- 1995 Bsc (Hons) Psychology 2:1 – D. Clin. Psych- University College London

SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT

- Specialist training and supervision in Schema Focussed Therapy for individuals and groups.
- Specialist training and supervision in Mentalisation Based Therapy for borderline and antisocial personality disorder for use with individuals and teams.
- Specialist training in understanding and risk assessment for violence and domestic violence including use of the Spousal Assault Risk Assessment (SARA Promoting Positive Mental Health at Schools).
- Training and supervision in understanding complex difficulties including mental health, personality disorder, challenging behaviour, substance misuse, cognitive difficulties, family difficulties. Child Sexual Exploitation.
- Training in dialectal behaviour therapy, cognitive behaviour therapy for trauma, motivational interviewing, group process.